



## Support Group Locations

### **New NORTHFORK sites**

**Floyd Memorial Library**  
539 1st Street, Greenport  
1st & 3rd Wednesday  
5:30pm

**Peconic Landing**  
2nd & 4th Wednesday  
5:30pm  
631-591-9310

**Bristol Assisted Living**  
760 Larkfield Road  
East Northport  
2nd Tuesday of each month  
6pm - 7:30pm  
631-724-6300

**Commack Community Center**  
74 Hauppauge Road,  
Commack  
1st & 3rd Thursday at  
11:30am - 1pm  
631-724-6300

**FSL East Hampton Clinic**  
316 Accabonac Road  
East Hampton  
Every other Friday 1:30pm  
631-324-3344

**Middle Country Library**  
575 Middle Country Road  
Selden  
Monthly 2nd Friday 11am  
631-591-9309

**FSL Family Center**  
208 Roanoke Avenue  
Riverhead  
Monthly 1st Wednesday  
5pm  
631-369-0104

**Riverhead Senior Center**  
60 Shade Tree Lane  
Riverhead  
Alternate Wednesdays  
11:30am  
631-722-4444

## Caregiver Support Groups at 8 convenient locations!

The responsibility of taking care of a loved one often falls on the shoulders of someone special - a Caregiver. They need support, resources, and their needs are sometimes overlooked!

Family Service League offers groups designed to help those caring for a frail or elderly relative to cope with the inherent stress of their situation. Attendees will learn new coping skills for stress, gain a better understanding of their role and options, and receive help securing any assistance to resources that may be available.

### Call FSL for information or to register!

#### ALL SERVICES ARE FREE OF CHARGE

Funding provided by the Suffolk County Office for Aging and the US Department of Health & Human Services through the NYS Office for Aging

