

ANNOUNCING THE CAMPAIGN FOR HEALTH & WELLNESS



Fay J. Lindner Foundation Makes Naming Gift; Southside Hospital Northwell Health Provides Medical Staff

Mental illness is more common than cancer, diabetes, and heart disease. It affects people of all ages and all income levels. Substance abuse is on the rise in our society and the abuse of narcotic painkillers makes daily news.

People affected by these behavioral health disorders are best helped by a concept called “integrated health care,” which is the systematic coordination of general medicine and behavioral health care.

FSL is at the forefront of the integrated health care movement and is embarking on the expansion of its Community Health Care Collaborative (CHCC), currently funded by the Fay J. Lindner Foundation. This program locates a primary care physician in FSL’s Iovino South Shore Family Center, so that clients can see a doctor while they are there for counseling appointments.

The Fay J. Lindner Foundation has provided a generous leadership gift to name the new facility “The Fay J. Lindner Health and Wellness Center.” The expansion of this program will include construction of a new 13,000 square foot health and wellness center adjacent to the Iovino Family Center in Bay Shore. Presently serving 400 clients under the CHCC arrangement with Southside Hospital Northwell Health, FSL will expand its capacity to provide all of its clients with access to primary care medicine and some specialty practices. Offering both primary care and behavioral health

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United Way Donates \$110,000 for Project Warmth

FSL thanks the United Way of Long Island for its recent grant of \$110,000 for Project Warmth. This is the only non-government emergency fuel fund available to the over 177,000 Long

Islanders who live below the poverty line and who are unable to pay their fuel bills. It provides one-time payments to oil or utility companies on behalf of clients facing heating emergencies.



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Message From Our President & CEO

Dear Friends,

Ninety years ago, a fledgling grassroots organization was founded in Huntington by a group of volunteers who wanted to help their less fortunate neighbors. Their vision remains at the heart of FSL's mission today: to help people achieve their highest quality of life through programs that strengthen individuals at home, in the workplace, and in their communities. As FSL marks its 90th Anniversary, we are emboldened to continue the work that began nine decades ago, and we rely on your involvement to do so.



2016 has been a year of unprecedented growth and expansion of services offered to Long Island's most fragile individuals. Among the most significant changes this year has been the addition of a shelter for homeless families. FSL was honored that the Department of Social Services awarded FSL this facility because of our reputation for high standards, commitment to best practices, and fiscal responsibility. Nearly 90 families are living in this facility while they prepare for their transition into permanent housing. FSL provides them with job and skills training, educational programs, and financial literacy, to help them get ready to live independently. Sadly, homelessness remains a fact of life for thousands of people across Long Island. The shelter makes it possible for FSL to partner with parents and children who can benefit from our intervention.

Your support and confidence in FSL is at the heart of our evolution into a \$45 million human service organization that touches the lives of over 50,000 Long Islanders each year. Thank you for partnering with us to improve the lives of vulnerable people in our communities.

Karen Boorshtein, LCSW
President & CEO

Your Gift Has A Substantial Impact On The Lives Of Your Neighbors!



There are many Long Islanders living without basic necessities. When family, food, safety, and shelter are lacking, it becomes nearly impossible to survive, much less function. When offered essential support and life skills, struggling individuals can heal and grow, and often make a positive impact by giving back to the communities that supported them.

You can make a difference in the life of someone who is struggling to survive. Become part of the FSL family of donors. Your tax-deductible gift, in any amount, provides direct support to a child or a family in need.

restorehope@fsl-li.org or 631-470-6770 for Jonathan Chenkin, VP for Development
THANK YOU FOR YOUR CONSIDERATION!
The list of our generous donors is available at www.fsl-li.org

FSL Helps Homeless Families Find Their Forever Home

ONE FAMILIES JOURNEY TO A BETTER LIFE

Did you know there are hundreds of homeless families in Suffolk County?

One of Suffolk County's largest family shelters is now part of FSL's broad portfolio of over 60 programs and services offered throughout Long Island. Offering shelter to 90 families, FSL provides each family with a case manager and a housing worker. These teams are committed to working with the families to ensure that they have access and referrals to additional essential services such as counseling, healthcare, education, and most critically, the availability of food. This combination

of services will help facilitate the family's ultimate goal of transition into affordable permanent housing.

The FSL South Shore shelter houses children ranging in age from infancy to 18 years old. Services such as child care, homework help, and recreational opportunities like crafts and sports, provide these youngsters and their parents with a sense of support during this difficult time.



"I am quite pleased that Family Service League has been able to move quickly into operating one of Suffolk's emergency housing shelters. In addition to being a long standing Suffolk County contract agency, FSL is a professionally managed and financially sound organization."

— Suffolk County Comptroller
John M. Kennedy, Jr.

T came from a well-off family from overseas. Her family disowned her when she married a military man who was not of her culture or religion. When she discovered that he was being unfaithful to her, he began to be abusive toward her. In spite of the violence, T stayed with him for the sake of her children. Finally, the situation became so bad that she left. T stayed with friends for a while, but they could not accommodate her and her children permanently. Without a home, T sought help from the Department of Social Services, which placed her and her children in the FSL Family Shelter.

During her intake meeting with her case manager, T said that her goals were to become educated in a field that would provide her with a job, enable her to find housing, and move out of the shelter. T met with the case worker twice a week and her children attended school daily. She also completed a medical assistant course, passed her certification exam, and started seeking employment. While looking for a job, she was offered employment with a major retailer and was soon promoted to supervisor. She secured child care for her daughters during the summer months and began saving money with the goal of moving out of the shelter. Within a month, she found a one-bedroom apartment, which she was able to afford on her income. Today, T and her family are still living independently, and T meets with a case worker once a month to help her stay on track with her finances and to help her children meet their educational goals.

For more information, please contact Valerie Chamberlain, LMSW, Assistant Vice President for Housing & Homeless Services at vchamberlain@fsl-li.org or 631-470-6929.

Ice Cream For Everyone!



Richard Troy and Steven Schmidt, GM of Precision-Aire

Richard Troy, President of Precision-Aire Inc., was with his crew working on the air conditioning system at FSL's Brentwood Family Shelter. It was August. It was hot. Richard saw the children playing in the steaming heat and he wanted to do something for them. A few days later, the children heard music in the air – a jingle familiar to most of us, but unexpected to children living in a shelter. It was the Ice Cream Man and he was stopping for them. Richard had arranged for free ice cream for over 300 children. What a wonderful surprise on a hot summer day. Thank you Richard!



MAKING A DIFFERENCE IN THE LIVES

NEW PROGRAM FOR FAMILIES AFFECTED BY ADDICTION



Adam David Nuszen

Heroin deaths have nearly tripled in Suffolk County since 2010, and heroin has killed a record number of people on Long Island in the last two years. In response to the growing problem of drug addiction, FSL's new program for families affected by addiction, "ADAM" (Addiction Direction and Management), will support families through the emotionally challenging journey of loving a person who is addicted to drugs or alcohol.

Funding for this program is being provided by the Look Up for Adam Foundation, in memory of Adam David Nuszen. Adam's life was cut short by substance abuse and mental illness. It is his family's hope that these support services will provide guidance and encouragement to those affected by a loved one's drug and alcohol abuse. For more information, please contact Robyn Berger-Gaston at 631-591-7580.

BETHPAGE BACKPACKS

Thanks to a generous \$30,000 grant from Bethpage Federal Credit Union, and donations from many other supporters, FSL provided new backpacks filled with school supplies to more than 2,650 children this year.



Wayne Grossé, BFCU President & CEO; Karen Boorshtein, FSL President & CEO; Katie Bielawski, BFCU Charitable Giving and Corporate Events Coordinator; David Lay, BFCU Digital Banking Product Support; Robert Suarez, BFCU AVP of Community Development; Nan Gerson, BFCU Charitable Giving Relationship Manager

C-CAT PROGRAM & JOE'S PROJECT

The Community Crisis Action Team (C-CAT) was created in response to the terrorist attacks on 9/11, when FSL's mental health workers responded to the trauma individuals were facing by going into schools, government buildings, businesses and meeting face-to-face with families directly impacted. While the responders' mental health and crisis intervention training and skills seemed a natural fit, on reflection they realized that in the face of this kind of extreme crisis, specialized training was needed.

Since then, FSL staff have participated in International Critical Incident Stress Foundation (ICISF) trainings on crisis intervention, including: Crisis In Schools; Crisis In Families; Suicide

Prevention, Intervention and Post-vention; and Advanced Group Crisis Intervention. The C-CAT team is now comprised of 22 individuals who volunteer their time to a program that often exposes them to chaotic trauma situations. The team has responded to a total of 321 incidents over the years that have included violence in the workplace, car accidents, plane crashes, kidnappings, bank robberies, accidental deaths at sporting events, and other crisis-filled incidents. C-CAT is available 24 hours a day, 7 days a week.

The suicide response component of the C-CAT team, called Joe's Project, is distinct in its function. Joe's Project began in 2007 when the son of one of FSL's social workers took his own life. C-CAT members trained in suicide intervention, prevention and post-vention provide specialized counseling in homes, businesses, and schools. Police across Suffolk County who respond to suicides are equipped with an FSL postcard about Joe's Project, so that family members and friends have a resource to help them. Joe's Project staff often meets with family and friends within hours after their loss.



Huntington Hospital Volunteers collected over 70 backpacks filled with school supplies



Youthful volunteers help fill backpacks with school supplies

OF OUR NEIGHBORS

BIKES FOR KIDS



Bikes For Kids in America Foundation surprised 24 children from FSL's Manor Field Family Center with brand new bikes, helmets, and locks. Enrico Deluca (photo above) of Bikes For Kids worked with FSL staff Penny Antonio and Lisa Jamison to choose children who had been working hard and succeeding in our after-school programs to receive these special gift.

FIRST IN NEW YORK STATE!

FSL will be the first social services organization in New York State to have a pharmacy onsite for clients to fill their prescriptions. Genoa, a QoL Healthcare Company, a national chain specializing in medications for the behavioral health community, has opened a pharmacy at FSL's Iovino South Shore Family Center in Bay Shore. Studies show that clients who are able to get their prescriptions filled immediately have a 93% compliance rate with taking their medications, compared to a 50% compliance rate when they have to travel to another site to fill their prescriptions.



NEW MASTIC LOCATION



FSL recently opened a new location in Mastic, which consolidates programs previously provided in East Yaphank, Shirley, and Center Moriches. Located at 1235 Montauk Highway, this new facility offers easier access to clients throughout Brookhaven and provides services such as substance abuse counseling, mental health treatment, and family support programs. For more information, please contact Robyn Berger-Gaston at 631-591-7580.

ANNOUNCING THE CAMPAIGN FOR HEALTH & WELLNESS

(continued from page 1)

services under one roof helps address the challenges our clients face in a comprehensive and effective way.

FSL's Health and Wellness Center will be a bright, airy, welcoming space with a calming atmosphere that includes reception area, treatment rooms, procedure rooms, and group and individual counseling offices. Conference rooms will be available for case management meetings between clinicians, psychiatrists and social workers. A specialty pharmacy will enable clients to fill prescriptions on-site.

THE CAMPAIGN FOR HEALTH AND WELLNESS, CHAIRED BY LYNN KAUFMAN, HAS RAISED \$2.1 MILLION TOWARD ITS \$2.5 MILLION GOAL

CAMPAIGN STEERING COMMITTEE

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OUR DONORS & VOLUNTEERS ARE THE HEART OF FSL

Volunteers Making A Difference



Over 300 volunteers help FSL provide valuable services to thousands of people every year. Whether mentoring a teen, helping a neighbor as a senior advocate, or lending business experience, there is a place for volunteers at FSL. We strive to match a volunteer's interests and skills with the needs of our programs. Volunteer opportunities can be "done in a day" or on a long-term basis. We welcome and appreciate individuals, businesses, corporations and civic organizations becoming part of the FSL family of volunteers looking to make a difference.

Contact Volunteer Services at 631-470-6772 or mwinterle@fsl-li.org

Corporate Volunteers

Many Long Island corporations have a philosophy of philanthropy. They partner with FSL to help make life better for those in need. These are just a few.

- KPMG sponsored a storytelling day and book give-away and their interns painted our TLC facility
- Macy's Backstage sponsored a free shopping day for clients
- Cactus Salons gave complimentary haircuts and makeovers to women looking to re-enter the workforce
- AvalonBay donated furniture to families relocating from the shelter
- Southside Hospital Northwell Health collected and donated personal care items to the FSL Bayshore Family Center



Laura Granelli Gerde



David P. Sobocinski

Laura Granelli Gerde & David P. Sobocinski Join the Board of Directors

Ms. Gerde is a Partner with Jaspan Schlesinger, LLP, located in Garden City, NY. She has 20 years of experience in Education and Municipal Law, providing both general and labor counsel services to public school districts and public libraries. She has served on many boards, including the LI chapter of the American Foundation for Suicide Prevention and the NYS Association of School Attorneys, as well as being an active supporter of various social service organizations.

Mr. Sobocinski is the Executive Director and Senior Vice President - Wealth Management of UBS in Melville, NY. He has over 40 years of experience in the financial planning and securities industry and has been registered with UBS Financial Services in Melville, New York and Fort Lauderdale, Florida since August 2015. He has served on many boards, including YMCA of LI and Dowling College, as well as being an active supporter of various civic and charitable organizations.



Jonathan Chenkin



Shari Feld



Nancy Jacob

New FSL Team Members

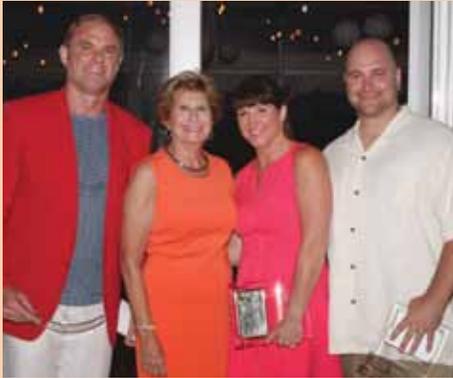
We are pleased to welcome new members to the FSL Executive Team. Jonathan Chenkin, VP for Development; Shari Feld, Chief Financial Officer; and Nancy Jacob, VP of Human Resources. All come with a wealth of experience and dedication to the FSL goal of *Restoring Hope and Rebuilding Lives* for our neighbors in need.

EVENTS ARE SPECIAL BECAUSE OF YOU

“Our deepest thanks to the honorees, donors, guests and committee volunteers for their support of our fundraising events. Their generosity allows FSL to continue serving thousands of Long Island children and families in need throughout the year.”

– Kimberly Stevens, FSL Board Member and 2016 Gala Co-Chair

Summer Gala



Karen Boorshtein, FSL President and CEO, thanks Committee Co-Chairs Scott Skorobohaty, Kim Stevens, and Jim Petrocelli



Karen Boorshtein presents the Corporate Leadership Award to People's United Bank. Steven Santino, First Vice President, LI / NYC Regional – Retail accepted the award on behalf of the Bank.

The July 22nd Summer Gala in Westhampton Beach was a SOLD OUT success! FSL was pleased to have the opportunity to honor People's United Bank with the Corporate Leadership Award and to recognize Bernice Selig, FSL's Chief Financial Officer, with the Lifetime Achievement Award in appreciation for her 32 years of outstanding service to the agency. Gala Co-Chairs and committee, created an extraordinary oceanfront evening venue on Dune Road. The festivities of the night included dancing and bidding for unique gifts and services at the designer auction. More than \$220,000 was raised in support of our Long Island communities!

Great Chefs of Long Island



The dedicated committee of volunteers was led by Co-Chairs Matt Niegocki of Prudential Financial Services, Dennis Russo of Geico and Francine Whitehead, FSL Board Chair.



The Corporate Leadership Award was presented to Bob Trenkle on behalf of USI Insurance Services LLC.



Wayne Grossé (pictured with wife Laura) and Bethpage Federal Credit Union received the Community Leadership Award.



Giorgio Meriggi of Stresa Ristorante Italiano was presented "Restaurateur of the Year" presented by Richard J. Scholem.

We are pleased to announce a successful 24th Annual Great Chefs of Long Island, which took place on Monday, November 7th at Crest Hollow Country Club. Over 500 guests enjoyed 40 of LI's top restaurants present their best cuisine. These culinary tastings and delicacies were paired with a wonderful selection of beers, beverages, and wines from Long Island and European vineyards. Our outstanding honorees, generous sponsors and guests, along with an amazing committee, raised over \$200,000 for FSL's programs and services.

Go to www.fsl-li.org to view all event photos

65th Annual House Tour



Honoree Sal Ferro (third from left) with family

Hundreds of people had the opportunity to explore the North Shore's finest homes and support FSL's programs and services by raising a record \$130,000! Marge Sammis received the Community Leadership Award, and Sal Ferro of Alure Home Improvements was presented with the Corporate Leadership Award at a gourmet luncheon at the Harbor Club at Prime. FSL was privileged to have the opportunity to recognize both honorees for their dedication, vision and commitment to the families and children of Long Island. This fundraiser was made possible by the efforts of over 130 committee members and volunteers and this year's event co-chairs, Susan Eisner and Mary Winterle.



Karen Boorshtein with Honoree Marge Sammis

MISSION STATEMENT

Family Service League helps individuals, children and families throughout Long Island to mobilize their strengths and improve the quality of their lives at home, in the workplace and in the community.



Olsten Family Center
790 Park Avenue
Huntington, NY 11743



Participating Agency



2017 CALENDAR OF EVENTS

66th Annual House Tour
Wednesday, May 24th

Summer Gala on the Beach
Friday, July 14th

**Bethpage Backpacks Program
School Supply Drive**
July and August

Project TOY Holiday Gift Drive
November and December

25th Annual Great Chefs of Long Island
Monday, November 6th



HAVE YOU VISITED www.fsl-li.org RECENTLY?

Our website is designed to provide visitors with a wealth of information about our programs and events in an easy to navigate style. Follow us on FACEBOOK or email us at restorehope@fsl-li.org or 631-470-6771 for Noreen Fremed, to share your comments, thoughts and ideas, and to receive brief, bi-monthly newsletters by email!

YOU CAN HELP

Proceeds from events support the programs FSL provides for Long Island children and families in need. Find out how you, your company or organization can help by participating in one of our fundraising events through sponsorship and committee opportunities. Please contact Tricia O'Hare at 631-998-0009 or tohare@fsl-li.org