

DASH is a Dynamic Program that Meets the Needs of Long Islanders in Crisis!



Beginning in 2019, Suffolk County children, teens, and adults struggling with mental health and substance use disorders will have a much needed option

for 24 hour, 7 day a week, year round compassionate, quality based treatment. FSL's Diagnostic, Assessment, and Stabilization Hub (DASH) is a multi-faceted program that offers assessments, counseling, and care management intervention. The team includes nurse practitioners in psychiatry, registered nurses, social workers, credentialed alcoholism and substance abuse counselors and peer specialists. Upon arrival individuals in crisis, along with their loved ones, will be immediately engaged with a peer coach and a medical professional for a triage assessment. Comprehensive evaluations as well as onsite support, information, and options for appropriate healthcare referrals will be available at this community based site. Those who are medically unstable will be brought to the closest emergency room. Additional unique aspects

of the DASH continuum of crisis services include a 24-hour hotline and the Mobile Response Team (MRT). MRT has the ability to deliver crisis care in other environments - schools, businesses, homes, and locations throughout the community.

"People besieged with addiction or in the midst of a mental health crisis are in need of services around the clock, not just during business hours," said Karen Boorshtein, FSL President & CEO. "DASH will fill a critical gap which often left those with non-life-threatening issues nowhere to turn when they need help the most. This is an innovative model of care which will help individuals and families who want to begin a journey towards a better, healthier life." DASH will focus on crisis intervention which provides quality care while reducing

IN THIS ISSUE...

Message From Our President & CEO	2
Fay J. Lindner Health & Wellness Center	3
Honors & Recognition	4
Addiction Recovery Program	5
Continuing Education Courses	5
A family shares their story	6
Vital Programs for Families	8
Celebrations & Photos	10

SAVE THE DATES FOR 2019 EVENTS!

(continued on page 5)

Message From Our President & CEO

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Dear Friends,

Every day for over 90 years, FSL has been Restoring Hope and Rebuilding Lives with the help of caring people in our Long Island community.

Every day, FSL works with those struggling with addiction, suicide, and trauma. Our staff helps mend families that have been torn apart and are often overwhelmed with feelings of helplessness.

Every day, FSL meets with children and adults striving to overcome issues such as despondency, anxiety, fear, or mental health issues. Our staff offers the counseling and resources they need to help them live better lives.

Every day, FSL provides safe, comfortable refuge for over 500 adults and children who are homeless and living in staggering poverty.

Every day, FSL offers innovative programs which help heal wounds by offering support, coping techniques, and counseling. We have developed a broad spectrum of programs designed to assist our most vulnerable community members.

Every day, your generous support helps save lives by changing Despair to Hope. FSL is committed to providing vital services to those in need – your family, friends, and neighbors. We value the trust that you have given to FSL. I'm honored to have the opportunity to share our progress and the many good things happening as well as those on the horizon. I welcome your interest in FSL and thank you for your continued commitment to our work.

Karen Boorshtein, LCSW
President & CEO

Ground Breaking on Fay J. Lindner Health & Wellness Center!

On September 28th, FSL and Southside Hospital Northwell Health were joined by politicians, corporate donors, board members, and community leaders to celebrate the ground breaking of the Fay J. Lindner Health & Wellness Center. This state of the art 14,000 square foot building will be located at 1444 Fifth Avenue in Bay Shore on FSL's Judith & Thomas Iovino Family Center Campus. This unique facility will offer services to support the full integration of mental health care, substance addiction treatment, pharmacy needs, and primary care medicine. The Center will give Town of Islip community members necessary additional resources while embracing a holistic approach to healthcare.



Wayne Grossé & Dr. Jay Enden



Whitney Posillico & Judith Iovino

Major underwriters of the project include the **Fay J. Lindner Foundation** and **Judith & Thomas Iovino**. A big thank you to all of our campaign donors and supporters who share our vision

of Restoring Hope and Rebuilding Lives! Principals from **Hoffman-Grayson Architects LLP** and **J. Petrocelli Contracting, Inc.** will be working with FSL to complete this innovative facility.



"Family Service League has once again stepped up to ensure that we serve the people who depend upon us in Bay Shore and the surrounding communities. The new Fay J. Lindner Health & Wellness Center will help to restore hope and rebuild lives for years to come and we thank all who made this new venture possible."

*– Lynn Kaufman
FSL Board member and Chair of Campaign Steering Committee*



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FSL Awarded Top Workplace Honors

On October 24th, Family Service League was awarded a 2018 Top Workplaces honor by Newsday. The survey was anonymously administered by Energage and is based on feedback gathered from more than 24,000 Long Island employees at 116 companies. FSL was ranked #5 in the Long Island Large Business Category. The survey measured several important aspects of workplace culture. "Earning this acknowledgment is a proud achievement. This award speaks to FSL's principles, strong work ethic, values, and commitment to our employees. These facets combine to enhance the overall quality of the broad spectrum of programs which we provide for thousands of children and adults across Long Island. I am incredibly proud of the FSL staff," said Karen Boorshtein, President & CEO.



Continuing Education for Healthcare Professional

FSL's quality continuing education curriculum is designed using the latest techniques and strategies which focus on real world applications impacting our communities. Some of the most challenging and prevalent issues clinicians face today are: Crisis Intervention, Trauma Response, Cognitive Behavioral Therapy, Addiction Treatment, and Autism Spectrum Strategies. These types of practical and engaging courses are facilitated by field professionals with years of experience in these highly specialized areas. The workshops, recognized by the NYS Education Department's State Board, are available throughout the year as webinars or in traditional classroom settings at locations throughout Suffolk County.

For information or course schedule contact Robyn Berger-Gaston, LCSW-R FSL Division Director rberger-gaston@fsl-li.org or 631-591-7580.

Family Service League Honored With Hauppauge Industrial Association Long Island's (HIA-LI) Not-For-Profit Business Achievement Award!



(l-r) Terri Alessi-Miceli, CEO of HIA-LI joined the honorees Wesley Melchiorre and Gregory Scotto of Scotto & Melchiorre Group LLC; Michael Lessing of Lessing's Hospitality Group; Karen Boorshtein of Family Service League; and Melissa Negrin-Weiner of Genser Cona Elder Law

Pioneering Mobile Recovery Program



In 2018, Gov. Cuomo and New York State recognized FSL as a leading provider of vital substance abuse treatment programs in Suffolk County and awarded it federal funding through the Opioid State Targeted Response Grant. In an effort to reduce unmet needs and overdose-related deaths, this funding expands critical initiatives to combat the opioid crisis “FSL is actively engaged in providing all Suffolk County residents with educational resources to help prevent addiction and support extensive treatment efforts with quality healthcare,” said Karen Boorshtein. “These critical services offer access to recovery programs that help people live better and healthier lives.”

FSL’s trained Mobile Recovery Center (MRC) team includes physicians, registered nurses, peers, and social workers. This model of care provides comprehensive substance abuse and co-occurring mental health assessments, diagnosis, and medication management. MRC programs increase access to treatment by utilizing peer supports, clinical services, and emerging technology - all of which help those fighting addiction on their road to achieving recovery. MRC is a New York State Office of Alcoholism and Substance Abuse Services (OASAS) designated Center of Treatment Innovation (COTI).

For information on Family Recovery Center services contact Melissa Coscia, LCSW, Dir. of Clinic Operations at mcoscia@fsl-li.org or 631-647-3113.

DASH Program

(continued from page 1)

unnecessary use of emergency departments, inpatient care, and criminal justice services.

The facet of DASH that provides addiction services is known as Open Access. Thru Open Access, FSL will be collaborating with Family & Children’s Association. Both agencies will be operating similar programs that provide critically needed services for Suffolk and Nassau County residents facing the harsh challenges of addiction. Ms. Boorshtein believes their combined expertise will ultimately help reach more people in need across Long Island.

The DASH program works in coordination with NYS Office of Mental Health, Division of Mental Hygiene, and NYS OASAS. FSL extends its appreciation to Governor Andrew Cuomo for addressing this epidemic and allocating the much needed funds which will help thousands of Long Island residents.

For information about DASH or other Family Recovery Programs contact Jeff Steigman, Psy.D., Chief Administrative Officer at jsteigman@fsl-li.org or 631-470-6790.

THANK YOU TO OUR GENEROUS DONORS FOR HELP BY SUPPORTING FSL'S VITAL PROGRAMS FOR CHILD

YouthBuild



FSL's social workers are working with **YouthBuild**, a signature program of **United Way of Long Island**, which is dedicated to changing the path of Long Island's youth by addressing the core issues facing low-income communities: housing, education, employment, crime prevention, and leadership development.

Young adults, from 18-24 with a low-income, can work toward their TASC High School Equivalency Diploma while learning essential job skills. Participants can choose from a variety of vocational training paths including: construction trades, certified nursing assistant, medical billing, food manager certification, and early child care. Prior to graduation, students are offered writing and interview skill workshops, and attend multiple job/college fairs.

"Healthy Meals - Healthy Minds" After-School Program



The **Nature's Bounty Foundation** awarded a \$25,000 grant to support "Healthy Meals - Healthy Minds" After-School Program. The Nature's Bounty Foundation believes in enhancing lives and giving back to the communities locally and around the world. In addition to the generous grant, the Nature's Bounty "We Give Back" employee initiative donated, built and installed an abundance of outdoor playground items for the children residing in an FSL Family Shelter. This labor of love coincided with Nature's Bounty employees donating their time reading at FSL's Universal Pre-Kindergarten.

Community Advocacy, Information, and Referral Program Awarded Grant

Bank of America awarded a \$25,000 grant in support of the Community Advocacy, Information, and Referral (CAIR) program at the FSL William Floyd Family Center. CAIR provides free help for individuals and families experiencing a wide variety of needs, such as temporary emergencies involving insufficient access to food, utility shutoffs, potential loss of housing, and other essential resources.



ING US TO STRENGTHEN OUR COMMUNITIES REN AND FAMILIES!

Many FSL programs depend on the generosity of our community. Throughout the year we find that the kindness and compassion of our neighbors has been truly remarkable. Although there are too many to list, FSL sincerely thanks all of our donors and volunteers.

Over 3,000 children from across Long Island were smiling and very appreciative as they came to FSL offices to receive much needed school supplies. Our deepest thanks to **Bethpage Federal Credit Union**, who generously underwrote \$40,000 as lead sponsor, and to the hundreds of donors, supporters, and volunteers that helped successfully kick-off the school year. The caring parishioners of **Old First Church of Huntington** donated 90 filled backpacks. **Allstate, Huntington Hospital Northwell Health, NYCB, PSEG, SUNation Solar Systems,** and **Zebra** collected hundreds of much needed items during the summer months. Additionally, the **Long Island Coalition for the Homeless** and the **Backpack Pirates** hosted a Back to School Drive and a "Day at the Beach" festival for children residing in FSL shelters.



This summer more than 200 children were provided with amazing camp experiences filled with new adventures and learning opportunities. Many of these children come from struggling or troubled homes where enjoying activities such as sports, hiking, swimming, and arts & crafts would not have been possible without contributions from donors across Long Island. Major sponsors of this program include **King Kullen, United Way of LI, Episcopal Church Women of St. John's Church, Junior League,** and **Kissinger Family Foundation.**



Project TOY reaches over 6,000 Long Island children and families suffering economic hardship. For many years, FSL's generous supporters, businesses, and civic organizations have worked to make a difference in a child's life by donating new unwrapped toys and gift cards. If you would like to give a child a brighter holiday please contact Lisa Jamison, LMSW, Division Director at Ljamison@fsl-li.org or 631-470-6778.

Thank you to media partner Connoisseur Media and their stations for their continued efforts in support of Project TOY!



A story shared...

"The day before Thanksgiving of 2016, the lives of my children and I were irrevocably changed. My husband took his life and left behind me and his 3 children. My youngest has Down Syndrome and had turned 7 just 6 days before his death. There were no savings, and no life insurance save a small death benefit that basically covered the wake and funeral expenses. It was certainly the darkest hour our family has ever faced. Not only were we grieving the loss of my husband and my children's father, but I now had to support our family on half of our previous income. Things were falling apart, bills were piling up, and many were left unpaid.

*Sometimes in the midst of all the darkness, a light shines through. The light for our family shone through two very generous and compassionate individuals. I was contacted by **Scott Maskin**, President and CEO of **SUNation Solar Systems**. He had heard of the tragedy that befell my family through **Family Service League**. As Scott had done in the past, he felt compelled to help. At absolutely no cost to my family, he installed a solar panel system, with the end game being a substantial savings in my family's electric bill. Not only did he donate a complete solar package, twice he paid my electric bill that was past due and I couldn't afford to pay. In order to install the solar panels, my roof needed to be replaced. Enter **Sal Ferro**, President of **Alure Home Improvements**. Alure replaced my roof, completely free of charge.*

In addition to Scott and Sal's generosity, the compassion and sensitivity shown to my family by everyone associated with this project was unparalleled. I can never thank everyone enough for being a beacon of light in a tunnel of darkness."

Teamwork Makes A Difference

FSL's programs address some of life's most pressing conditions. Unfortunately, every year hundreds of families find themselves in dire circumstances across Long Island. A local resident shares her story of how SUNation Cares, Alure Home Improvement, and FSL teamed up to make a difference.

This special project was donated by **SUNation Cares**, the philanthropic division of Ronkonkoma based solar energy company, **SUNation Solar Systems** (SUNation). Over the past 15 years, **Scott Maskin** and **Mike Bailis**, Co-Founders of SUNation have been providing the gift of free electricity for life to selected Long Island families and veterans in need. SUNation Cares donates and installs complete solar PV systems which generate clean and efficient solar electricity. Each year the situation has varied - illness of a child or parent, loss of a loved one, or one of many other tragic and unexpected changes that have had a profound impact on a family's long-term financial stability.

The SUNation Cares initiative allowed FSL to connect a family who has been struggling financially with a dependable resource to alleviate the burden of their monthly electric bill, which frees up much needed funds for other expenses that they incur. The additional construction concerns were overcome with the help of **Sal Ferro**, President of **Alure Home Improvements, Inc.** Mr. Ferro's team replaced the roof and made other desperately needed repairs to the home which allowed the project to move ahead to successful completion. **The value of this project is estimated to be over \$35,000 and included all materials and labor.** More importantly this gift will have a positive impact for years to come.



"Alure takes great pride in giving back to the community and making a difference in people's lives. This was a unique opportunity to make a difference - as it involved a family in need, helping our environment, and working with a dear friend and colleague at SUNation all at once. While we know that nothing can replace the loss of a loved one,

Alure is proud to partner with SUNation and Family Service League to make a difference for this very deserving family, and we can only hope that this new roof and solar system helps make things a little easier."

— **Sal Ferro**
President, Alure Home Improvements, Inc. and
FSL Board member

FSL EVENTS ARE SPECIAL BECAUSE OF YOU!

"Our deepest thanks to the honorees, donors, guests, and committee volunteers for their support of FSL's fundraising events. Their assistance allows FSL to continue reaching out to thousands of Long Island children and families throughout the year in support of critical services!"

– Jim Petrocelli, Gala Co-Chair

67th Annual House Tour



Our thanks to the wonderful women who worked tirelessly as part of the 2018 House Tour Committee!

Over 500 guests toured five beautifully appointed private homes at the Annual House Tour. FSL's Vaughan Spilsbury Family Advocacy Award was presented to Adriene and Charles Carson. Renowned interior designer Kate Singer of Kate Singer Home received the Community Leadership Award. The amazing committee was Co-Chaired by Francine Whitehead and Lisa Walsh. Our honorees and committee members are all FSL advocates and understand the need to increase funding for the many services we provide to our Long Island neighbors in need. Our thanks to the generous homeowners, sponsors, raffle donors, and hundreds of volunteers that made this exciting day possible!



Kate Singer & Karen Boorshtein

Great Chefs of Long Island

The 26th anniversary of the gastronomic tradition known as "Great Chefs of Long Island" was held on Monday, November 5th at the Crest Hollow Country Club in Woodbury. Our thanks to the restaurants, winery and spirit vendors, who assisted in celebrating this special evening. They presented their best fare and over 500 guests enjoyed decadent tastings and delicacies! Always an exciting night, this important fundraiser was made possible by the efforts of a dedicated committee and Co-Chairs, Matthew Niegocki of Prudential Advisors and Dennis Russo of GEICO. FSL was proud to recognize our honorees, Central Business Systems with the Corporate Leadership Award and Hoffman-Grayson Architects LLP with the Community Leadership Award. FSL extends our sincere thanks to Richard Jay Scholem for sharing his expertise and leading this unique event as our Restaurant Chair since inception.

Hampton's Summer Gala

Thank you to our supporters and guests for making the Summer Gala a success. With the help of our supporters we raised over \$200,000 which provides vital programs for Long Island children and families. The Corporate Leadership

Award was presented to Accumedic Computer Systems. "Much needed funds were generated from this fantastic East End tradition. It required a collaborative effort on the part of the generous donors, guests, committee volunteers, FSL Board, and

staff," said Jim Petrocelli, J. Petrocelli Contracting and Gala Co-Chair. "It was an honor to work with my Co-Chairs, Ray Houseknecht and Kim Stevens, on an event in which the proceeds go to help so many of our vulnerable neighbors."

THANK YOU FOR CELEBRATING WITH FSL



You Can Help...

Proceeds from events support the programs FSL provides for Long Island children and families in need. Find out how you, your company, or organization can help by participating in one of our fundraising events through various underwriting, partnership, and committee opportunities. Please contact Tricia O'Hare, Dir. of Dev. & Communications at tohare@fsl-li.org or 631-998-0009.





12



13

1. Central Business Systems
2. Rose & Ed Taravella
3. Karen Boorshtein with Alice Houseknecht & Family
4. The Baumrind Family & Friends
5. Accumedic Computer Systems
6. Cecil & John Antimisiaris
7. Deborah Land & Rick Gavin
8. Bob & Cathy Creighton
9. Ed Harms, Karlin McIntyre, and Kim Stevens
10. Rick Chiorando & Eva Lamere
11. The Maskin Family
12. Danielle Dunne & Joe Varecha
13. Susan Cohen, Lisa Walsh, and Amy Cantor
14. Lucky 50/50 Winner with Jonathan Chenkin
15. Glen Grayson, Neal Hoffman, Karen Boorshtein
16. John and Lisa Robertson of The Sexy Salad
17. The Calllegari Family
18. Brentwood Community School Students with Chef Rich League
19. Petrocelli Family & Friends
20. Tom Schaudel and Jean Koh of Jewel
21. Happy Auction Winners!



14



15

Go to www.fsl-li.org to view all event photos

Photo credit - Eric Furco Photography



16



17



18



19



20



21

MISSION STATEMENT

Family Service League helps individuals, children and families throughout Long Island to mobilize their strengths and improve the quality of their lives at home, in the workplace and in the community.



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2019 EVENTS

Summer Gala

**Bethpage Backpacks Program
School Supply Drive**

Walk for Wellness

**Project TOY
Holiday Gift Drive**

**27th Annual Great Chefs
of Long Island**

For information, contact VP for
Development Jonathan Chenkin at
jchenkin@fsl-li.org or 631-470-6770



FSL has been **Restoring Hope and Rebuilding Lives** for over 90 years with the help of the caring people in our Long Island community. For every dollar donated, 87¢ goes directly to programs and services, an average well above industry standards. Please support this work. Our text to give option is easier than ever – **Text "FSL" to 71777** or go to **www.fsl-li.org**.

THANK YOU!