2023 Restaurant Guide

















Family Service League



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Welcome to the 30th Anniversary of Great Chefs of Long Island



MISSION

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THROUGH MENTAL HEALTH, ADDICTION,
HOUSING, AND ESSENTIAL HUMAN SERVICES.

A message from the desk of

Karen Boorshtein, LCSW President & CEO



We appreciate you joining us to celebrate the 30th Anniversary of Great Chefs of Long Island. On behalf of the Board of Directors, thank you for sharing your time with us. We extend a warm welcome to our distinguished honorees, generous sponsors, and you – our guests. We applaud the culinary creativity and efforts of the chefs, restauranteurs, beverage vendors, and their teams - all of whom contribute to the success of this event.

Fundraising proceeds help us to provide quality programs which impact the lives of thousands of people every day. Although Long Island is often considered to be prosperous, we know that many of our community's children and adults are enduring severe hardships - poverty, struggling with mental health issues, or living with the destruction of addiction. With your help, FSL continues to offer lifealtering programs and crisis intervention across a broad array of areas that include counseling, education, housing, and human support services.

Your funding is making a difference. Your thoughtfulness and generosity are a vital component of helping to Restore Hope and Rebuild Lives. Thank you!

Strint.

Warmest regards,

Karen Boorshtein, LCSW

President & CEO

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CORPORATE LEADERSHIP AWARD

EMPIRE AUTOMOTIVE GROUP Michael Brown, President

Michael Brown grew up in the car business, washing cars, running errands for his father's Jaguar-Porsche dealership in Huntington. After attending Huntington High School, he graduated from Boston University with bachelor's and master's degrees in business. He lettered in football for BU's Division 1AA Football team and played a couple of years as a professional in the Arena Football League before returning to Long Island to run his dad's Jaguar-Porsche stores. In 2001, after his Dad's dealership was sold, Michael worked for Roger Penske and the Penske Automotive Group in Fairfield, CT. He was named the Regional VP for the Penske Auto Group, then transferred to oversee the Inskip Auto Mall in Rhode Island, directing day-to-day operations for the 10-franchise luxury auto mall. During his tenure at Inskip, these stores were the recipient of multiple accolades and awards, including the "BMW Circle of Excellence", "Porsche Premier Dealer," and "Audi Magna Society."

Returning to Long Island in April 2007, Michael joined the Atlantic Automotive Group as VP of Operations, becoming a partner in the Atlantic 20-store operation in 2011. In May 2019 he left Atlantic and started the Empire Automotive Group of which he is now sole owner and president. In four short years, Empire has grown from 7 dealerships to 20 locations throughout the NY-NJ metro area. Automotive News has named Empire as the third fastest growing in the US.

Michael strongly believes in the civic responsibility of business owners giving back to the community. He has been honored for his support of such organizations as Big Brothers and Sisters, the Diocese of Rockville Centre's Telecare operation, and many other worthy causes. He presently serves on the board for the Greater New York Auto Dealers, is a former member of the Huntington Hospital Board of Trustees and is the President of the Team Suffolk Swim Club. Michael is known among his employees for his open-door policy, down-to-earth personality, approachability, and for his concern and generosity toward those in need. He lives in Northport with his wife Jillian and three teenage daughters.



A heartfelt thank you to Empire Automotive Group for their extraordinary donation! left>right: Keith Drago, Managing Partner at Empire Automotive Group; FSL President & CEO Karen Boorshtein; Michael Brown, EAG President; FSL's CDO, Jonathan Chenkin; Thomas Lederer, EAG Chief Information Officer; and Jason Montalvo, EAG Managing Partner.



left>right: Michael Brown, EAG President; Thomas Lederer, EAG Chief Information Officer; Adam Smith, EAG Call Center Director; Keith Drago, EAG Managing Partner; Judy Soldo, EAG Executive Assistant; Jason Montalvo, EAG Managing Partner.





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Founded in the 1950s, Heatherwood has been a mainstay in Long Island real estate for decades. Today, they have a portfolio of over 30 residential and commercial properties in prime locations, from Brooklyn to the Hamptons. This family-owned company is on a mission to create high-quality places that inspire a genuine sense of community and spaces where people can thrive. Heatherwood is known for superior amenities and exemplary service across their vast collection of luxury apartments and commercial properties. From their welcoming leasing staff to the friendly maintenance team, their goal is taking care of residents.

For over 70 years, there have been four core values that have shaped Heatherwood's corporate culture. Integrity, fearlessness, commitment, and enthusiasm - are the guiding principles that drive every business decision they make and influence how they treat residents, employees, and partners. Learn more by visiting www.heatherwood.com



The Heatherwood team at FSL's 5th Annual Walk for Wellness which was held at Belmont Lake State Park in Babylon.

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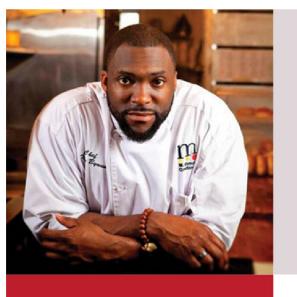


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One thing I love to do this time of year is roasting root vegetables. They come in so many beautiful colors and varieties and the roasting gives them such good flavor.

Ingredients

- 2 lb Assorted Root Vegetables, peeled and ¾ dice
- 1 tbl. Olive oil
- · 12 ounces, Seasonal mix greens
- ½ cup Pomegranate Seeds
- ½ cup Candied Pecans
- 1 cup Grape tomatoes, ½
- 6 ounces Blue Cheese crumbled
- 6 ounces Fig Balsamic Vinaigrette

Fig Balsamic Vinaigrette:

- · 4 each Figs, mashed
- · 1 each shallot, finely minced
- 1 tbl. red wine vinegar
- 1 tbl. balsamic vinegar
- · 3 tbl. Olive oil

Instructions Fig Balsamic Vinaigrette (yields ¾ cup)

- 1. Add shallots to vinegars in bowl and let macerate for five minutes
- 2. Add mashed fig and combine well
- 3. Whisk in olive oil, adjust seasoning and adjust for sweetness of the fig
- 4. Keep refrigerated until needed

Instructions (yields 6 portions)

- Placed diced root vegetables in bowl with olive oil, season lightly and roast at 400° until lightly browned and tender.
- Set aside to cool
- 3. Assemble ingredients, gently toss with dressing, top with crumbled blue cheese
- 4. Serve immediately

Nutrition Facts

423 Calories, 28g Total Fat (7g Saturated Fat), 452mg Sodium, 12g Protein

35g Carbohydrate (8g Fiber, 19g Total Sugars).

Micronutrients

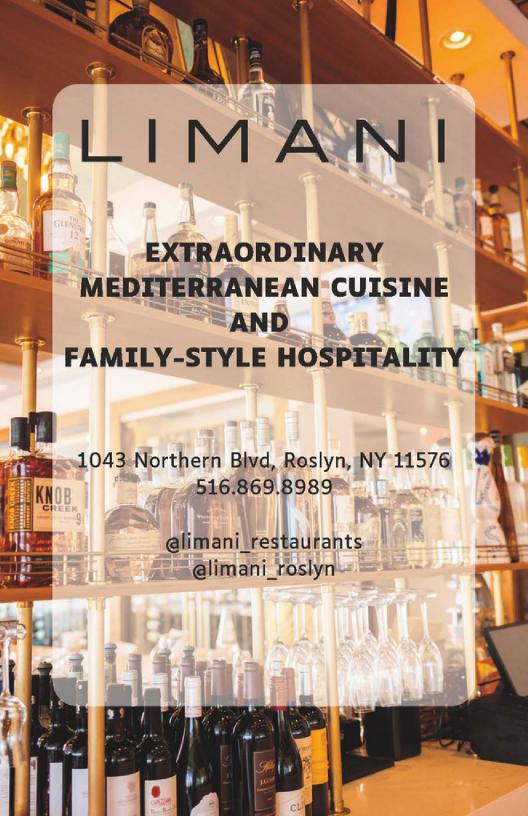
Fig: Vitamin B6 & K, Copper, Magnesium, Potassium

Beets: Folato, Manganese, Potassium

Tomato: Vitamin C, Biotin, Antioxidant, Phytonutrients, & Carotenoids Celery Root: Vitamin K, Fiber, Vitamin C, Phosphorus, and potassium. Sweet Potato: Vitamin A, Potassium, Calcium, Iron, Magnesium, and Folate.

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- FSL's Network of Shelters provides over 500+ children and adults with housing and services to combat the devastation of homelessness.
- Operation Success and Homework Help give children special attention each week.
- Counseling and case management services are available at five public libraries.
- Project TOY brings joy and gifts to over 6,000+ children during the holiday season.
- FSL offers multiple chemical dependency treatment groups each week at locations across Long Island.
- Every year, 250 children are provided with summer camp experiences.
- There are monthly support groups for parents that have lost children to overdose and families struggling with a loved one's addiction through the ADAM program.
- Post-suicide counseling and support groups provide support to families and loved ones.

Visit www.fsl-li.org for a complete list of services!



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Summer camp can change a child's life, especially for children suffering daily hardships most of us will never have to endure. For over 40 years, FSL has provided children with the opportunity to make new friends and explore a new environment. Become a Camp Champion by making a commitment to donate \$2,500 a year for the next 3 years and help us make a difference in a child's life.



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We are collecting new, unwrapped toys, gift cards, and monetary donations.

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SAVE THE DATE

Tune 5, 2024



Mark your calendar and join us at Family Service League's Summer Soirée!

This is sure to be a festive evening with old friends and new as we raise funds for our Long Island neighbors in need.

Wednesday, June 5th at Stonebridge Country Club Smithtown, New York

> For information contact FSL's Tricia O'Hare at tohare@fsl-li.org 631-205-8944 www.FSL-LI.org



Since its inception in 1926 as a social service agency, the Huntington-based Family Service League has grown dramatically — achieving national accreditation and expanding its scope of influence and support throughout Long Island. Every year, more than 50,000 individuals in need, from newborns to centenarians, rely on its broad spectrum of safety net programs and care. Today, it operates 60+ social service programs in more than 20 locations and offers a 24-hour crisis hotline.

The dedicated staff, numbering more than 700+ professionals and support personnel, provides both physical and emotional aid to Long Island's most vulnerable citizens. Each of FSL's five Family Centers features up to 20 distinct social services — enabling fragile families to take advantage of multiple, integrated services in a more efficient and cohesive way. Most importantly, every day FSL strives to keep vulnerable children, adults, and families strong and supported.

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