# **REFLECTING ON THE PAST, EMBRACING THE FUTURE**





2018 ANNUAL REPORT

## **PROGRAMS & SERVICES**

### ADDICTION SERVICES

- ADAM Addiction Direction and Management
- Alcohol and Drug Prevention
- Chemical Dependency Clinics
- Diagnostic Assessment and Stabilization Hub (DASH)
- Mobile Crisis Team
- Center of Treatment Innovation (COTI)
- II Prevention Resource Center
- Underage Drinking Prevention Initiative

### CHILDREN'S SERVICES

- Alternatives For Youth (AFY)
- Autism Social Skills
- Autism Respite
- Bethpage Backpack Drive
- CAMP
- Child Mobile Clinic
- Children and Family Treatment & Support Services (CFTSS)
- Children's Care Coordination / Health Home
- Children's Waiver Services
- Cognitive Behavioral Intervention for Trauma in Schools (C-BITS)
- Community Home Base
- Home Base I/CCSI

Operation Success

- Intensive Home Base
- Kornreich Early Learning Center
- Learn, Enrich, Achieve and Dream (LEAD)
- Lockwood Early Learning Center North Fork Early Learning Center

- Project TOY
- RECESS
- Universal Pre-Kindergarten

### **FDUCATION & EMPLOYMENT**

- Continuing Education Courses
- Flexible Employment Program (FEP)
- Supported Employment Demonstration Project
- WorkPlus
- YouthBuild
- Youth Career Exploration

### **FAMILY & COMMUNITY SUPPORT**

- Brentwood Community School
- Community Advocacy, Information & Referral (CAIR)
- Community Behavioral Health Collaborative
- Community Health Activation Program (CHAP)
- Community Thrift Shop (Partner)
- East End Youth and Family Advocacy
- Family Centers
  - jovino South Shore Bay Shore
  - Manor Field Huntington Station
  - Olsten Huntington
  - Patchogue-Medford
  - Riverhead
  - William Floyd
- Family Connect
- Genoa Pharmacy (Partner)
- Healthy Families New York

Huntington

- Home Safe
- Library Family Place
- Parent To Parent LI Prevention Resource Center
- Underage Drinking Prevention Initiative
- WIC Women, Infant, Children Stony Brook (Partner)

### HOUSING & HOMFLESSNESS

- **Emergency Housing Family Shelter**
- Huntington Interfaith Homeless Initiative (HIHI)
- Homeless Prevention and Rapid Rehousing
- HomeShare
- Program Home
- South Shore Family Shelters
- Suffolk Hope Supported Housing
- The Linkage Center and Extension (TLC)

#### **MENTAL HEALTH & INTEGRATED CARE** (Diana Goldberg Behavioral Health Services)

## Assertive Community Treatment (ACT)

- Child Mobile Clinic
- Children and Family Treatment & Support Services (CFTSS)
- Children and Parents Together (CAPT)
- Children's Waiver Services
- Community Crisis Action Team (C-CAT)
- Community Health Care Collaborative (CHCC)

Centereach

Central Islip

Patchoque/Medford

Selden

Bellport

Port Jefferson

Riverhead

Éast Hampton

Southampton

Westhampton Beach

Laurel

Bay Shore

Hauppauge

Huntington Station

Commack

Brentwood

and and have a file

**Roslyn Heights** 

Mineola

Mastic Beach

Mastic



Mattituck





Diagnostic Assessment and Stabilization Hub

Stepping Stones Personal Recovery Oriented

Transition of Care - Northwell Health System and

Geriatric Waiver: Nursing Home Transition and

Diagnostic Assessment and Stabilization Hub

Center of Treatment Innovation (COTI)

Community Crisis Action Team (C-CAT)

Joe's Project – Suicide Pre and Post-vention

Health Home Care Management

Mental Health Clinics and Satellites

Stony Brook University Hospital

**SENIOR & CAREGIVER SERVICES** 

Long Term Care Ombudsman

**TRAUMA & CRISIS CARE** 

(Children and Adult)

Mohile Crisis Team

Services (PROS)

Caregiver Support

Diversion

Home Share

SeniorNet

(DASH)

Mobile Crisis Team

Greenport

(DASH)

## **MESSAGE FROM OUR PRESIDENT & CHAIR**

Dear Friends,

Thank you for helping to make 2018 a year of remarkable growth for Family Service League. Our organization has continued to broaden its reputation of integrity and advocacy by providing a vital social safety net of programs for those facing some of life's most pressing struggles. FSL's new image represents strength and a hopeful future for the thousands we help every day, as well as a reminder of how far we have come since our founding in 1926.

FSL has continued to focus on developing alliances with government agencies, school districts, corporations, and community based organizations - all in an effort to strengthen our reach into the communities we serve. Some of our 2018 milestone projects will have a lasting impact for decades to come. This past fall we celebrated our collaboration with Northwell Health and broke ground on the innovative Fay J. Lindner Health & Wellness Center which is located on FSL's lovino Family Center Campus in Bay Shore. Our 2018 planning efforts came to fruition a few months ago when FSL opened DASH - Diagnostic, Assessment, and Stabilization Hub for those experiencing a mental health or substance use issue.

Your interest and support makes it possible for FSL to be the premier mental health and human services care network for tens of thousands of children and families across Long Island. When you donate to FSL, your gift stays right here in your community. We are able to do this because you believe that every individual deserves support through life's most challenging and often dire circumstances: homelessness, addiction, mental health diagnoses, or unexpected financial hardships. FSL offers a helping hand at life's most fragile moments.

If you have any comments or questions as you read our 2018 Annual Report, we hope you will reach out to us at 631-470-6780. Thank you for partnering with us to *Restore Hope and Rebuild Lives*!

Warm regards,

Karen Boorshtein, LCSW President & CEO

Wayne N. Grossé Chair President, Bethpage Federal Credit Union



Karen Boorshtein, LCSW President & Chief Executive Officer



Wayne N. Grossé Chair

## **BOARD OFFICERS**

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Wayne N. Grossé Chair Bethpage Federal Credit Union

Robert Creighton Chair-Elect Farrell Fritz, PC

James Ashe Vice-Chair of Finance and Audit Marcum LLP

Jay Enden, M.D. Vice-Chair of Governance and Nominating Southside Hospital Northwell Health

Laura Granelli Gerde Vice-Chair of Programs Jaspan Schlesinger,LLP

Katharine Posillico McGowan Vice-Chair of Development *Katharine Jessica Interior Design* 

#### **BOARD OF DIRECTORS**

Stephen Abramson APS Pension Services, Inc.

Russell Albanese Albanese Organization Inc.

Lorraine Aycock Bank of America

Jon Cooper Spectronics

Priscilla DiLello

Winston Dookram State Farm Insurance

Sal Ferro Alure Home Improvements Richard Gavin CAC Industries

Maggie Gilliam Gilliam & Associates

Elaine Kanas Raynor Country Day School

Andrew L. Kaplan New York Community Bank

Lynn Kaufman Community Leader

Christine Malafi Campolo, Middleton & McCormick, LLP

Barbara Page Community Leader

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Joseph Shaffery Community Leader

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David Sobocinski UBS

Judith Sonfield Community Leader

Kimberly Stevens Douglas Elliman Real Estate

Chuck Tabone Newmark Grubb Knight & Frank

Slava Vero Community Leader

Dominique Walker Southside Hospital Northwell Health

Francine Whitehead Community Leader

## **DOMINIQUE WALKER JOINS BOARD OF DIRECTORS**



Dominique Walker is the Manager of Program Development for Southside Heart & Lung at Southside Hospital Northwell Health and a Licensed Mental Health Counselor with a private practice in Bay Shore, New York. For the past 4 years she has been with Northwell Health and now joined Southside Hospital Heart & Lung working to develop a comfort and hospitality program. Ms. Walker brings over 10 years of experience in mental health and a

passion for working with those suffering with emotional and behavioral difficulties. She received both her Bachelor's Degree in Psychology and Master's Degree in Counseling Psychology from Northeastern University in Boston, MA. EXECUTIVE STAFF

Karen Boorshtein, LCSW President & CEO

Jeff Steigman, PsyD Chief Administrative Officer

Shari Feld, MS Chief Financial Officer

Craig Greenfield, Esq General Counsel/Chief Compliance Officer

Erik Fink, MD Medical Director

Kathy Rosenthal, LCSW Sr. Vice President of Programs

Margaret Boyd, LMSW Vice President for Community Services & Advocacy

Jonathan Chenkin, BS Vice President for Development

Larry Daniels, MA Vice President for Operations

Nancy Jacob, MPS Vice President for Human Resources

Lori Anne Brennan, LMSW AVP for Clinical Compliance & Community Behavioral Health

Valerie Chamberlain, LMSW AVP for Housing & Homeless Services

### **ADMINISTRATORS AND DIRECTORS**

Robyn Berger-Gaston, LCSW Melissa Coscia, LCSW Patricia Ferrandino, LCSW Cristie Golson, MS Lisa Jamison, LMSW Fran Mellow, LCSW-R Christian Racine, PhD

## **NORTH FORK MENTAL HEALTH INITIATIVE**

North Fork school districts and FSL teamed up to launch a new wellness initiative as a resource to help manage mental health, offer crisis intervention, and provide other student support services for children over 5 years old, teens, and their families. The professional staff, which includes psychiatrists, social workers, and mental health professionals work in coordination with local schools, hospitals, and the community to offer counseling, comprehensive evaluation, medication management, and educational workshops in a supportive environment.

New York State Senator Ken LaValle, Assemblyman Anthony Palumbo, and Southold Town Supervisor Scott Russell spearheaded the grant. This multi-district consortium provides vital treatment and therapeutic support for students residing throughout the North Fork of Long Island. For information contact the FSL Mattituck Mental Health Clinic at 631-298-8642.



## A REFRESHED IMAGE OF STRENGTH AND COMMUNITY FOR FAMILY SERVICE LEAGUE!

Our new logo is a symbol of strength and community, as well as a reminder of how many milestones have been reached since its founding in 1926. As a supporter, you know that its unique broad spectrum of services offer a chance at a brighter future for so many who are suffering and in need. The FSL tag line remains Restoring Hope, Rebuilding Lives because that is a vital part of its mission each and every day. This imaginative and inspirational design was created with the talents of graphic artist James Miceli and Epoch5, an award-winning public relations firm and longtime supporter located in Huntington, New York.



## **HEALTH & WELLNESS CENTER**

On September 28th, FSL and Southside Hospital Northwell Health were joined by politicians, corporate donors, board members, and community leaders to celebrate the ground breaking of the Health & Wellness Center. This state of the art 14,000 square foot building is located on Fifth Avenue in Bay Shore at FSL's lovino Family Center Campus. Major underwriters of the project include the Fay J. Lindner Foundation and Judith & Thomas lovino. This unique facility will offer services to support the full integration of mental health care, addiction treatment, pharmacy needs, and primary care medicine. We look forward to opening at the end of 2019 – more information to come!

Thank you to all of our Health & Wellness Campaign donors who share our vision for this remarkable facility.

## DASH – LONG ISLAND'S FIRST 24/7/365 CRISIS CARE CENTER OPENS

Suffolk County children, teens, and adults struggling with mental health and substance use disorders now have an option for 24 hour, 7 day a week, year round compassionate, quality based treatment. FSL's Diagnostic, Assessment, and Stabilization Hub (DASH) is a multi-faceted program that offers assessments, counseling, and care management intervention. The team includes psychiatrists, registered nurses, social workers, and peer specialists. An additional unique aspect of DASH is the Mobile Response Team (MRT). MRT has the ability to deliver crisis care in other environments - schools, businesses, homes, and locations throughout the community. **HOTLINE # 631-952-3333.** For information about DASH or addiction services, contact 631-926-0734.



Over 100 Long Island community leaders joined FSL at opening DASH ribbon cutting.



## **FSL EXPANDS SERVICES FOR OF LONG ISLAND SENIORS**

### **Caregiver Support**

Free individual counseling, support groups, and educational seminars for those caring for someone 60+ years of age. This program is supported with State and Federal funding provided through New York State Office for the Aging. 631-724-6300 (western Suffolk) or 631-369-0104 (eastern Suffolk)

### **SeniorNet**

Individuals, 50+ years of age, receive computer training which range from basic skills to advanced. Classes may include: Skyping, Facebook, digital photography, excel, and researching medical issues. SeniorNet classrooms are in Huntington and Blue Point. 631-470-6922

### **Nursing Home Transition & Diversion (NHTD)**

Those eligible for Medicaid and in need of nursing home services may be able to stay in the community through the NHTD program. Individuals must be screened by Suffolk Independent Living Organization (SILO). 631-320-1662

#### **Home Share**

Home Owners, 55 + years of age, are carefully matched with Home Seekers, 18+ years of age to share a single family home. Companionship, reduced cost of living, and a sense of security are just a few of the many benefits of home sharing. Home Share is primarily funded by the townships of Babylon, Islip, and Huntington. 631-650-1461

### Long Term Care Ombudsmen

An Ombudsman volunteer is an advocate and resource for people who reside in long-term care facilities such as nursing homes, assisted living, and adult care facilities. Ombudsmen help residents and their families understand and exercise their rights to quality care and quality of life. This program is supported with State and Federal funding provided through New York State Office for the Aging. 631-470-6755

Looking to make a difference? Become an Ombudsman Volunteer! 631-470-6753

## **DID YOU KNOW...** FSL PROVIDES A BROAD ARRAY OF VITAL PROGRAMS, WORKSHOPS, AND SERVICES TO LONG ISLAND RESIDENTS?

- Ongoing support groups for caregivers of those 60 and older are offered at 8 locations.
- DASH is available 24/7/365 for those suffering and in need of mental health or addiction crisis care.
- Autism & Social Skills groups for children on the spectrum meet weekly.
- Every day the FSL Shelters provide over 500 children and adults with housing and services to combat the devastation of homelessness.
- The FSL Mobile Recovery Team is available for those with opioid use disorder seeking linkage to addiction treatment and community resources.
- RECESS for children with psychiatric illnesses meets weekly.
- Operation Success and Homework Help give school children special attention each week.
- LI companies work with the FSL Vocational Department to hire qualified employees.
- Counseling and case management services are available at five public libraries.
- Project TOY brings joy and gifts to over 6,000 children during the holiday season.
- Parenting Education 8 week courses are offered throughout the year.
- Family Recovery Center runs multiple chemical dependency treatment groups each week at locations across Long Island.

- 250 children are provided with a summer camp experience in one of 35 camps.
- There are monthly support groups for parents that have lost children to overdose and families struggling with a loved one's addiction through the ADAM program.
- FSL hosts an annual Autism educational conference for parents and professionals.
- An array of Continuing Education courses for healthcare professionals are offered throughout the year in classrooms and through live webinars.
- Trauma counseling support groups are held in schools and community centers.
- Early Intervention workshops are available at many locations.
- Anger Management 8 week courses are offered throughout the year.
- Over 3,000 children receive school supplies through the Bethpage Backpack Program.
- Post suicide counseling and support groups provide support to families and loved ones.
- Individuals and families receive assistance from FSL's Community Advocacy, Information, and Referral (CAIR) program.
- Annually, more than 2,500 children are reached through our alcohol and substance abuse prevention educational workshops.



Excited children received new bicycles from Bikes for Kids in America and the Massapequa Bike Club at Bicycle Planet in Syosset.





Teens participate in Nutritional Cooking Class at Brentwood Community School sponsored by Nature's Bounty and Newsday.

Children from Kornreich Early Learning Center visit the Pumpkin Patch.

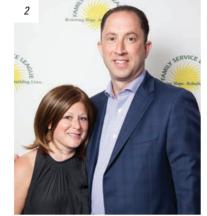


Broadcasting live, Connoisseur Media's radio personalities from KJY 98.3, 103.1 MAX, 94.3 SHARK, and WALK generated the donation of hundreds of children's holiday gifts.

## Visit www.fsl-li.org for a complete list of services!

## THE 2018 EVENTS WERE SPECIAL BECAUSE OF YOU



























## THANK YOU FOR HELPING TO MAKE THE FSL FUNDRAISING EVENTS A SUCCESS!

The **67th Annual House Tour** was co-chaired by Francine Whitehead and Lisa Walsh. Over 500 guests toured five beautifully appointed private homes. FSL's Vaughan Spilsbury Family Advocacy Award was presented to Adriene and Charles Carson. Renowned interior designer Kate Singer of Kate Singer Home was presented with the Community Leadership Award. Our thanks to the generous homeowners, sponsors, raffle donors, and hundreds of volunteers that made this exciting day possible!

With the help of our supporters, over \$200,000 was raised at the **Summer Gala** where the Corporate Leadership Award was presented to Accumedic Computer Systems. "Much needed funds were generated from this fantastic East End tradition. It required a collaborative effort on the part of the generous donors, guests, committee volunteers, FSL Board, and staff," said Jim Petrocelli, J. Petrocelli Contracting and Gala co-chair. "It was an honor to be working with my co-chairs, Ray Houseknecht and Kim Stevens, on an event which helps so many."

The 26th anniversary of the culinary tradition known as **"Great Chefs of Long Island"** was held on Monday, November 5th at the Crest Hollow Country Club in Woodbury. Our thanks to the restaurants, winery, and spirit vendors who assisted in celebrating this special evening. They presented their best fare and over 500 guests enjoyed decadent tastings and delicacies! This important fundraiser was made possible by the efforts of a dedicated committee and co-chairs, Matthew Niegocki of Prudential Advisors and Dennis Russo of GEICO. FSL was proud to recognize Central Business Systems with the Corporate Leadership Award and Hoffman-Grayson Architects LLP with the Community Leadership Award. Our sincere thanks to Richard Jay Scholem for sharing his expertise and guiding this unique event as our Restaurant Chair.

## Go to www.fsl-li.org to view event photos!

**Find out how you or your organization can participate** in one of our fundraising events through various underwriting, partnership, and committee opportunities by contacting Tricia O'Hare, Director of Development & Communications at tohare@fsl-li.org or 631-998-0009.

## INTRODUCING FSL'S 1st ANNUAL WALK FOR WELLNESS Text "WALK2019" to 71777 for registration and fundraising



On Saturday, September 14, 2019 at 9am (rain or shine) FSL will host its **Walk for Wellness** as a day of celebration for our friends and family. It will be a great way to show your support for FSL's outstanding programs. You can help by signing up, creating a team, sponsoring, or volunteering. The event offers sponsors an exceptional opportunity to reach thousands of Long Islanders. Join us at Belmont Lake State Park, West Babylon for this exciting family friendly event! Contact Jennie Sandler Fiocca, Dir. of Development at jsandler@fsl-li.org or 631-470-6775.

## **PHOTO ON OPPOSITE PAGE**

- 1 Simar Singh & Karen Boorshtein
- 2. Daniel & Gillian Grishman
- 3. Chuck Tabone & Christine Timcheck
- 4. Ed & Karlin Harms
- 5. The Russo Family
- 6. The Accumedic Team
- 7. Laura & Jeff Maier
- 8. Lori & Jim Ashe
- 9. Dr. Jay Enden & Deborah Diers
- 10. Petrocelli Family
- 11. Joe & Lysa Mullady
- 12. Dr. & Mrs. Mayur S. Rali

## 13. Tocolo Cantina

## **2019 CALENDAR OF EVENTS**

Summer Gala Bourne Mansion Friday, June 7

Backpack School Supply Drive July through September

Walk for Wellness Babylon Lake State Park Saturday, September 14

27th Annual Great Chefs of Long Island Crest Hollow Country Club Monday, November 18

**Project TOY Holiday Gift Drive** September through December



Precision-Aire provided a summer Ice Cream Party for 300 children residing in the Family Shelter.



Volunteers from Leviton build playground and garden at Family Shelter.





Nature's Bounty employees donated holiday gifts to children in need.

The FSL Manor Field Family Center hosts a children's Halloween Party.



FSL joins in the Unity Day Parade.

## THANK YOU YOUR GENEROUS SUPPORT, DONATIONS, IN-KIND GIFTS, BEQUESTS, AND VOLUNTEER TIME MAKE OUR WORK POSSIBLE!

FSL has been Restoring Hope and Rebuilding Lives for over 90 years with the help of the caring people in our Long Island community. For every dollar donated, \$.87 goes directly to programs and services, an average well above industry standards. As you may remember, for many years we have listed our donors in the Annual Report as a way of recognizing their commitment to FSL and the communities we serve. It has come to our attention that there are for-profit companies now mining data by sorting through the Annual Reports of non-profit organizations. They are collecting names for both solicitation and the selling of wealth databases to various entities. In an effort to ensure the privacy of our donors we have elected to no longer share the names of our donors with the public. We hope you understand that this is a necessary step for the times we live in and we appreciate the support your continued gifts make to our neighbors in need.

## Our Text to Give option is easier than ever – Text "FSL" to 41444 or go to www.fsl-li.org. Thank You!

## **PLANNED GIVING**

Planning your legacy gift to FSL today can help ensure a brighter tomorrow for future generations. Contact Jonathan Chenkin, VP for Development at jchenkin@fsl-li.org or 631-470-6770 to discuss how your generosity can impact the availability of much needed services for our Long Island neighbors.

## FINANCIAL DATA 2018 PROGRAM INCOME BY SOURCE

## PUBLIC CONTRIBUTIONS & FUNDRAISING

Direct Contributions	
(Individual, corporate, newspaper, appeals to community groups, other) \$	903,137
Thrift Shop\$	28,919
Grants\$	2,129,073
Board Fundraising Events \$	1,091,856

### **INDIRECT PUBLIC SUPPORT**

United Way of Long Island	\$ 59,352
Institutional Contracts	\$ 2,024,421

### **GOVERNMENT CONTRACTS**

Suffolk County	\$1	9,159,166
New York State	\$	1,367,325
Town of Huntington	\$	382,987
United States Department of HUD	\$	498,966
Town of Mineola	\$	
Town of Islip	\$	149,412
Town of Southampton	\$	94,999
Town of East Hampton	\$	77,414
Town of Brookhaven	\$	25,533
Town of Southold	\$	65,000
Town of Babylon	\$	5,992
Town of Riverhead	\$	5,000

### **PROGRAM FEES**

Program Service Fees and Insurance	\$ 3,524,422
Medicare and Medicaid Payments	\$18,899,795

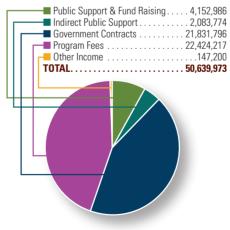
## **OTHER INCOME**

Rental Income\$	17,161
Other Income	130,039
TOTAL PROGRAM SUPPORT REVENUES	

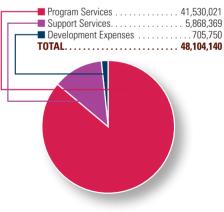
# PROGRAM EXPENDITURES BY FUNCTION COMMUNITY SERVICES

Youth, seniors & Intergenerational Services \$ 3,058,327
Family Services\$ 4,893,865
Vocational Services \$ 1,118,566
Housing & Homeless Services
Behavioral Health Services
<b>FUNDRAISING &amp; DEVELOPMENT</b> \$ 705,750
MANAGEMENT & ADMINISTRATION \$ 5,868,369
TOTAL PROGRAM EXPENSES \$48,104,140
Net Assets January 1, 2018
Net Assets December 31, 2018 \$12,988,512

### PROGRAM INCOME 2018



#### **PROGRAM EXPENSES 2018**





Olsten Family Center 790 Park Avenue Huntington, New York 11743



#### NonProfit Org. U.S. Postage PAID Huntington, N.Y. Permit No. 206

## **MISSION**

Family Service League helps individuals, children, and families throughout Long Island to mobilize their strengths and improve the quality of their lives at home, in the workplace, and in the community.

Have you visited the Family Service League website recently? www.fsl-li.org is designed to provide visitors with a wealth of information about our programs and events in an easy to navigate style. Follow us on recent in a restorehope@fsl-li.org to share your comments, thoughts, and ideas!

