



This weekend, as a country we celebrate what is usually thought of as the kick-off to summer - Memorial Day. For most Long Islanders this holiday will be very different than past years due to the uncertainty and loss that we have experienced as a community. With that in mind, we take this opportunity to honor those who are currently or have served in our military, as well as those who are serving today as front-line workers keeping all of us safe. All of these individuals make sacrifices that most will

never have to face and do so with courage and compassion. On behalf of the FSL Board of Directors and staff, we extend our heartfelt appreciation for their commitment to making the world a better place for everyone. Thank you and be well!



Be counted!

The 2020 Census is happening now and your response matters. Health clinics, fire departments, schools, and even highways - the census can shape many different aspects of our community. Census results help determine how billions of dollars in federal funding flow into states and communities. The results determine how many seats in Congress each state gets. Your answers are anonymous and used only to produce statistics. You can respond on-line, by phone, or by mail. <https://2020census.gov>

Are you interested in donating to the FSL Food Pantry?

Many of our Long Island neighbors are struggling during this difficult time. The circumstances surrounding the Covid-19 virus have made a profound emotional impact on our lives. Feelings of tension, anxiety, and fear are understandable issues. However, many have the added stress of poverty. Food insecurity has become a major problem for families and seniors. We have created an [Amazon Pantry Wish List](#) for those interested in donating to the Food Pantry at FSL's Bay Shore Family Center.



Your contribution is needed now more than ever.

Please consider helping our most vulnerable neighbors during this crisis. Since 1926, FSL has assisted in all aspects of human services, including mental health counseling, treatment of substance abuse, early education, and senior services. Today, FSL touches the lives of more than 50,000 Long Island children and families annually. Making a tax-deductible donation is easy as clicking the donate button below, sending a text to 91999 and type "FSLCovid", or call 631-470-6770 for information. Any amount is greatly appreciated!

Thank you for your care and continued support. Be well!



FSL's DASH Center and Hotline **631-952-3333** are available 24-hours a day for those facing a mental health or addiction crisis.

FSL is offering **FREE**, confidential counseling services for healthcare professionals and support staff, first responders, and essential workers.
Call **888-375-2228** any time for information.

631-427-3700

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