

## Message from Karen Boorshtein, FSL President & CEO

Dear Friends,

As we continue to grapple with the ongoing impact of COVID-19, we are also reminded that there are more challenges that we face as a community. Since 1926, FSL has been seeking to advocate and protect the most vulnerable of our Long Island neighbors. Racism has no place in our society and it has again brought deep divisions to our lives. The social injustices, disparities, and disturbing events we have all witnessed are a constant reminder that we as a community need to come together.

FSL was founded with the guiding principles and ideals of equality and justice for all. Today, these same values guide us. FSL continues to embrace and respect our diverse community, serve and support all who need our help, and reach out as a beacon of hope for anyone in need.

FSL offers over 60 programs which provide immediate assistance those who are struggling and in pain. Please contact us - we are here to help you and your loved ones. Visit <a href="www.fsl-li.org">www.fsl-li.org</a>, call 631-427-3700, or the DASH 24-hour crisis hotline 631-952-3333.

Together, let us build a future that lives up to the highest ideals of equality and justice for all people as we continue our mission of Restoring Hope and Rebuilding Lives.

Sincerely, Karen Boorshtein, LCSW President & CEO

Visit the "Find Help" page of www.fsl-li.org for information on services and programs for children, families, and seniors.

Do you have thoughts of hurting yourself?

Are you facing a mental health crisis or dealing with the challenges of an addiction?

Are you feeling overwhelmed, especially combined with the stress of COVID-19? You are not alone.

Call 631-952-3333 today to find the help you need.

The DASH Crisis Stabilization Center is open 24-hours a day and staffed with compassionate, trained healthcare professionals who want to help you through this

difficult time. DASH is a beacon of hope for Suffolk County children and adults who are struggling to cope.

No estás solo.

Llame al 631-952-3333 para Atención de Crisis las 24 Horas. Terapistas multilingües están disponibles para hablar, llame si necesita ayuda.

Your contributions are needed now more than ever.

Please consider helping us during this crisis.

Making a tax deductible donation is easy by clicking below or sending a text to 91999 and type "FSLCovid".

Any amount is greatly appreciated!



631-427-3700 restorehope@fsl-li.org

www.fsl-li.org













