



TOGETHER, WE CAN OVERCOME THE CHALLENGES OF TODAY



TOGETHER, WE CAN BUILD A STRONGER TOMORROW

2020 UPDATE & 2019 ANNUAL REPORT

FAMILY SERVICE LEAGUE'S PROGRAMS & SERVICES

ADDICTION SERVICES

- ADAM - Addiction Direction and Management
- Alcohol and Drug Prevention
- Certified Community Behavioral Health Clinic (CCBHC)
- Chemical Dependency Clinics
- Diagnostic Assessment and Stabilization Hub (DASH)
- Mobile Crisis Team
- Center of Treatment Innovation (COTI)
- LI Prevention Resource Center
- Underage Drinking Prevention Initiative

CHILDREN'S SERVICES

- Alternatives For Youth (AFY)
- Autism Social Skills
- Autism Respite
- Bethpage Backpack Drive
- CAMP
- Child Mobile Clinic
- Children and Family Treatment & Support Services (CFTSS)
- Children's Care Coordination / Health Home
- Children's Waiver Services
- Cognitive Behavioral Intervention for Trauma in Schools (C-BITS)
- Home Base I/CCSI
- Komreich Early Learning Center
- Learn, Enrich, Achieve and Dream (LEAD)
- Lockwood Early Learning Center
- North Fork Early Learning Center
- Operation Success
- Project TOY
- RECESS
- Universal Pre-Kindergarten

EDUCATION & EMPLOYMENT

- Continuing Education Courses
- Flexible Employment Program (FEP)
- Supported Employment Demonstration Project
- WorkPlus
- YouthBuild
- Youth Career Exploration

FAMILY & COMMUNITY SUPPORT

- Brentwood Community School
- Community Advocacy, Information & Referral (CAIR)
- Community Behavioral Health Collaborative
- Community Health Activation Program (CHAP)
- East End Youth and Family Advocacy
- Family Centers
 - Iovino South Shore – Bay Shore
 - Manor Field - Huntington Station
 - Olsten - Huntington
 - Riverhead
 - William Floyd
- Family Connect
- Genoa Pharmacy (Partner)
- Healthy Families New York
- Home Safe
- Library Family Place
- Parent To Parent
- LI Prevention Resource Center

- Underage Drinking Prevention Initiative
- WIC – Women, Infant, Children Stony Brook (Partner)

HOUSING & HOMELESSNESS

- Emergency Housing Family Shelter
- Huntington Interfaith Homeless Initiative (HIHI)
- Homeless Prevention and Rapid Rehousing
- HomeShare
- Program Home
- South Shore Family Shelters
- Suffolk Hope – Supported Housing
- The Linkage Center and Extension (TLC)

MENTAL HEALTH & INTEGRATED CARE (Diana Goldberg Behavioral Health Services)

- Assertive Community Treatment (ACT)
- Certified Community Behavioral Health Clinic (CCBHC)
- Child Mobile Clinic
- Children and Family Treatment & Support Services (CFTSS)
- Children and Parents Together (CAPT)
- Children's Waiver Services
- Community Crisis Action Team (C-CAT)
- Community Health Care Collaborative (CHCC)
- Diagnostic Assessment and Stabilization Hub (DASH)
- Health Home Care Management (Children and Adult)
- Mental Health Clinics and Satellites

- Mobile Crisis Team
- Stepping Stones Personal Recovery Oriented Services (PROS)
- Transition of Care - Northwell Health System and Stony Brook University Hospital

SENIOR & CAREGIVER SERVICES

- Caregiver Support
- Geriatric Waiver: Nursing Home Transition and Diversion
- Home Share
- Long Term Care Ombudsman
- Long Island Sound Senior Connections (LISSC)
- SeniorNet

TRAUMA & CRISIS CARE

- Center of Treatment Innovation (COTI)
- Certified Community Behavioral Health Clinic (CCBHC)
- Community Crisis Action Team (C-CAT)
- Diagnostic Assessment and Stabilization Hub (DASH)
- Joe's Project – Suicide Pre and Post-vention
- Mobile Crisis Team



MESSAGE FROM OUR PRESIDENT & CHAIR

Dear Friends,

We hope this message finds you well. For years, your support has helped FSL build a solid foundation of vital programs that offer care to thousands every day. This strong foundation has allowed us to continue providing crucial services for those who depends on us, as well as the hundreds more who are now seeking assistance due to the turmoil created by the Covid-19 virus. To help protect the well-being of the people we serve and our staff, FSL quickly adapted to provide relief and health services, virtually when possible, while following recommended CDC physical distancing guidelines.

These are just a few of the ways our team of over 800 staff are making a difference in the lives of Long Islanders:

- Every week there are 3,700 telehealth care sessions with behavioral health clients.
- FSL front-line social workers and nurses visit private homes to care for both children and adults suffering from severe chronic mental illness. Therapists visit seniors unable to access services and suffer from social isolation.
- FSL's network of shelters has essential staff coordinating the safety, housing, meals, and providing other essentials for over 600 Suffolk County children and adults each night.
- FSL's DASH Crisis Stabilization Center & Hotline, 631-295-3333, offer immediate 24/7 assistance. DASH has become even more essential for those struggling to cope since many people have additional feelings of anxiety, depression, and stress associated with this pandemic.
- Free Caregiver Support and counseling is available to those caring for a loved one over 60 or someone with dementia. 631-724-6300
- FSL's Ombudsman Program advocates for residents and loved ones residing in Nursing Homes and Assisted Living Facilities. Our team helps people gain important information regarding current living situations and health conditions. 631-470-6755
- In direct response to the efforts and harrowing trauma faced by essential workers keeping all of us safe, FSL is offering free, confidential counseling to anyone on the front-line of this pandemic. 888-375-2228

We welcome you to contact us so we may share more about these relief services or our broad array of other programs at restorehope@fsl-li.org, call 631-470-6770, or visit www.fsl-li.org

During challenging times such as these, it's important for us to be there for the most vulnerable of our neighbors. Our deepest thanks for your support, compassion, and belief in FSL's mission of service. Together, we can overcome the challenges of today and build a stronger future for all.

Warm regards,



Karen Boorshtein, LCSW
President & CEO



Wayne N. Grossé
Chair
President, Bethpage Federal Credit Union



Karen Boorshtein, LCSW
President & Chief Executive Officer



Wayne N. Grossé
Chair

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BOARD OFFICERS

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NEWSDAY'S 2019 TOP WORKPLACE AND TOP MANAGERS AWARD



Nancy Jacob, Chief Human Resources Officer, Jonathan Chenkin, VP for Development, Karen Boorshtein, FSL President & CEO, and Kathy Rosenthal, Sr VP for Programs attended the Newsday Award reception to accept these important recognitions.

DIAGNOSTIC, ASSESSMENT, AND STABILIZATION HUB (DASH) OFFERS IMMEDIATE CARE

FSL was able to turn an innovative model of care into a reality that is making a tangible impact! One year after opening its doors this 24-hour crisis center is providing vital and immediate care to Suffolk County residents who are struggling with mental health and addiction disorders. Opened in March 2019, FSL's DASH, which also includes mobile crisis teams and a 24-hour crisis hotline, is a unique treatment model that saves lives and improves the quality of life for those served. The DASH Team includes nurse practitioners in psychiatry, registered nurses, social workers, credentialed alcoholism and substance abuse counselors, and peer specialists. The DASH program often works with individuals experiencing suicidal thoughts, severe depression, anxiety, overwhelming stress, drug or alcohol abuse, hearing voices, exhibiting erratic behavior, dealing with family or interpersonal conflicts or workplace or school trauma. Such issues are often debilitating, challenging, and cannot be faced alone – DASH provides immediate help. **The Suffolk County Legislators, Suffolk County Department of Health, NYS Office of Mental Health, NYS Office of Addiction Services and Supports, Suffolk County Sheriff's Office, Suffolk County Police Department, Stony Brook University Hospital,** local healthcare providers, school districts, and civic groups have embraced DASH as a necessary resource.

DASH has become a beacon of hope for those in need. Since its opening in March 2019 to March 2020:

- Over 4,589 children and adults have been assessed, treated, or provided with support on their journey to a better life.
- **The DASH hotline (631-952-3333)** has received over 17,900 calls from those in distress.
- The Mobile Crisis Team component of DASH delivers much needed crisis care and has assessed over 1,100 individuals by responding to locations throughout the community such as schools, businesses, and private residences

FAY J. LINDNER HEALTH & WELLNESS CENTER

We are looking forward to a late-summer opening of FSL's Fay J. Lindner Health & Wellness Center which is located on the Iovino Family Center Campus in Bay Shore. The center will offer mental health counseling, substance abuse treatment, primary care medicine, and Genoa Pharmacy under one roof. This unique facility, operated in medical partnership with Northwell Health's Southside Hospital, will improve access to both behavioral health care as well as primary care for residents.

FSL RECEIVES MOTHER CABRINI HEALTH FOUNDATION GRANT

FSL is proud to be selected as a grant recipient from **Mother Cabrini Health Foundation** with a 2020 award of \$107,350 and a second Covid-19 Emergency Response Program grant of \$125,000. The Mother Cabrini Health Foundation is a private, nonprofit organization with the mission to improve the health and well-being of vulnerable New Yorkers, bolster the health outcomes of targeted communities, eliminate barriers to care, and bridge gaps in health services. The Foundation – which is named in memory of a tireless advocate for immigrants, children, and the poor – provides flexible support for new and innovative approaches that enhance health and wellness. Their mission of service aligns closely with the values and care FSL has provided since 1926. Together, we're serving the most marginalized children and adults in our community.

“We are honored to support such a wide range of organizations doing critically important work to improve the health and well-being of New York's most vulnerable communities.”

— Alfred F. Kelly, Jr.
*Chief Executive Officer of Visa
Chair of the Mother Cabrini Health Foundation Board*

THE IMPACT OF FSL NETWORK OF HOMELESS SHELTERS

There are many factors that contribute to homelessness. Over the past few years, due to increasing costs and economic instability this tragic problem has been on the rise. This situation has become dire with the added burden of the current pandemic. **FSL's Network of Homeless Shelters are making a difference in the lives of over 600 LI children and adults every day.** Every day FSL provides safe, comfortable refuge for those who are living in staggering poverty. Along with emergency housing and food, our dedicated staff is helping residents with skills training, educational programs, financial literacy, student tutoring, and childcare all in an effort to help people secure permanent housing and resources.



GRANT FUNDING FOR MENTAL HEALTH COUNSELING AND ADDICTION TREATMENT FOR EASTERN LONG ISLAND



As individuals, families, and communities struggle with life changes due to the COVID-19 pandemic, many people are facing the additional trauma of a mental health or addiction crisis. This health emergency has drastically expanded the need for quality mental health support and addiction treatment. In response to this health emergency and as part of the CARES Act, FSL was awarded a **\$4 million Certified Community Behavioral Health Clinic (CCBHC) Expansion Grant by the Substance Abuse and Mental Health Services Administration (SAMHSA)**. FSL will receive \$2 million each year, for two years, to implement this unique clinic model designed to help those most vulnerable.

The CCBHC model emphasize the importance of providing comprehensive mental health counseling and addictive disorder treatment for children and adults. This includes the availability of 24-hour crisis care, evidenced-based practices, case management and coordination with providers, and the integration of physical healthcare. FSL will work with **Northwell Health** to offer physical healthcare services to clients. The clinic will help reach those with mental illness, emotional disturbance, chronic addiction disorders, and those with complex health profiles. FSL will provide care regardless of the ability to pay.

“The FSL Clinic in Riverhead will be site for this important initiative. In August, we will integrate this care model to work in tandem with our other 60 vital human services programs. This is critical funding. It will enhance the array of care options and help bridge the gap of any previously unmet behavioral health needs. We are dedicated to overcoming the challenges of this unprecedented situation and working toward a stronger future for all Long Islanders.”

— **Karen Boorshtein**
FSL President & CEO

CRITICAL SUPPORT FOR VULNERABLE LONG ISLANDERS

With the momentous circumstances surrounding the COVID-19 virus people are concerned with both health risks and the toll of economic impact. Perhaps this is most apparent in communities that have populations that were already facing extreme poverty. Thousands of Long Island residents who were struggling financially have now fallen into extreme distress. Some families are now forced to make impossible choices - purchasing needed food and medicine, or paying utility bills, buying gas and making car repairs to continue their employment. FSL's CAIR program provides free supportive counseling, community advocacy, and linkages to resources for those experiencing a wide variety of needs, such as temporary emergencies involving insufficient food, utility shutoffs, potential loss of housing or other essential resources.

In response to this health crisis, **Bank of America** recently awarded a generous \$50,000 grant to FSL's Community Advocacy, Informational, and Referral (CAIR) program to specifically address this issue. Other major supporters include **PSEG Foundation, William E. and Maude S. Pritchard Charitable Trust,** and the **Deckelbaum Giving Fund.**

With the help of generous donors, these are a few of the ways FSL's CAIR program is making a big impact on the lives of Long Islanders:

- Mildred, a 73-year-old widow working as a home health aide, had lost employment because of the Covid-19 risk to her own health. She relied on this income each month to survive. She had little money left for rent and became overwhelmed when calling the Department of Labor for Unemployment Insurance since she didn't own a computer. Over the phone, the FSL CAIR coordinator established an Unemployment Insurance account, set up an appointment for the food pantry, and has scheduled supportive counseling sessions to assist with her feelings of depression and anxiety.
- As a 21-year-old woman, Emily has experienced a series of devastating set-backs. At 17, she was in car accident with two friends where both died. She was in a coma for over a month, and now suffers from multiple health issues and anxiety. She had been working part-time at a shop, baby-sitting, living on a

modest income with her parents, and receiving counseling that was paid through the no-fault insurance. Tragically, she lost her father in February 2019 and mother in December 2019. She is still living in the house and responsible for the household bills and mortgage. On March 27 she lost her job when the store closed due to Covid-19 restrictions and due to the quarantine is unable to provide childcare. This combination of circumstances led to understandable feelings of being overwhelmed by grief, isolation, and pressure from the loss of income. The FSL CAIR team was able to help her file for unemployment benefits, pay the overdue electric bill of \$206, and schedule weekly counseling via telehealth.

- Kevin, the father of two children, called FSL's Manor Field Family Center seeking assistance with food, clothing, and pampers. He has been working part-time and caring for his young children. Sadly, the children's mother is an addict. She had taken their meager savings and is no longer involved in their lives. Kevin expressed his concerns about the living conditions at his apartment and shared that his family was on the verge of becoming homeless. He was questioning if a shelter would be a safer environment and give him a chance to figure out what to do. FSL's staff was able to assist Kevin with his immediate needs of food, clothing, and pampers. Our social worker helped him follow up on his application with the Department of Social Services. Within weeks, his case was activated, and he received emergency assistance benefits and other services. This family is now living safely in a shelter, and Kevin is focused on obtaining permanent housing and better employment.

These are just a few of the of individuals who desperately needed assistance with basic necessities. It also provides the recipients the gift of hope by reducing feelings of isolation and stress, so they look toward the future. "FSL is proud to work with corporate and foundation supporters who share our vision of restoring hope and rebuilding lives," stated Karen Boorshtein, FSL President & CEO. "With the help of generous donors, these vital services will continue to be offered to thousands of families and adults every year."



THE 2019 EVENTS WERE SPECIAL BECAUSE OF YOU



Our heartfelt thanks to our 400+ volunteers!

They generously give their time and talents, graciously helping others learn, and allowing so many to benefit from their experience. A volunteer's compassion and efforts give strength to our communities. There are various ways to get involved – senior advocacy, early education, special projects, event committee, and so much more. To learn more about the FSL Family of Volunteers contact Michelle Buckle at Michelle.Buckle@fsl-li.org or 631-470-6772.

THANK YOU FOR HELPING TO MAKE FSL EVENTS A SUCCESS!

These events are made possible with the help of dedicated co-chairs, committee members, volunteers, sponsors, and guests. Our heartfelt thanks to all who join us and believe in the FSL mission of service to Long Island children and adults!

The annual **Summer Gala Benefit** was held on **June 7th** at **Bourne Mansion**. FSL was pleased to recognize **Jaspan Schlesinger, LLP** with the Community Leadership Award and **Titan Global, LLC** with the Corporate Leadership Award. These awards identified both distinguished honorees for their efforts and commitment to supporting FSL's mission. The Gala Committee members, co-chaired by **Robert Creighton** of **Farrell Fritz, Jim Petrocelli, Jr.** of **J. Petrocelli Contracting**, and **Kimberly Stevens** of **Douglas Elliman Real Estate**, planned an evening of waterfront cocktails, gourmet cuisine, and dancing, along with a fabulous auction. The over \$200,000 in proceeds supported vital services for children and adults.

The First Annual WALK for Wellness raised more than \$100,000! All enjoyed a fantastic day at Belmont Lake State Park for FSL's 1st annual WALK for Wellness fundraiser. Over 350 friends and staff joined us as we "walked" to help build awareness and raise much needed funds for the 60 vital programs that thousands of children and adults rely on each day. The day was kicked-off with **DJ "Big Mike" Sangiamo** and **103.1MAX FM** broadcasting live as we stretched to yoga while children enjoyed the giant bounce house, clowns, and face painting. Heartfelt thanks to the co-chairs, **Fran Whitehead** and **Molly Ferro**, committee members, volunteers, clients, supporters, and walkers for their time, talents, and commitment to making this a great day for everyone!

The 27th Annual Great Chefs of Long Island was an exceptional evening where top restaurateurs presented their signature dishes and delicacies. A fine selection of spirits and beverages complimented this extraordinary tasting experience. **Senator Phil Boyle**, representative of the 4th District of the NYS Senate, was honored with the Government Leadership Award. The law firm of **Campolo, Middleton & McCormick, LLP (CMM)** was recognized with the Corporate Leadership Award. We appreciate the sponsors, honorees, and guests joining us at this important fundraiser.

Go to www.fsl-li.org to view event photos!

After careful consideration and in an effort be mindful of the safety of our supporters and staff, we have chosen to postpone the 2020 Gala Cocktail event until June 17, 2021. Should you have the opportunity, please consider participating in a few of our other upcoming events and fundraisers. Be well and thank you for your support!

SAVE THE DATES

- **Bethpage Backpack Program School Supply Drive:** June, July & August
- **Camp Champions Initiative**
- **2nd Annual Walk for Wellness:** Saturday, September 12th at 9am at Belmont Lake State Park, Babylon
- **28th Annual Great Chefs of Long Island:** Monday, November 16th at 5:30pm
- **Project TOY – The Annual Holiday Children's Gift Drive:** November & December

PHOTO ON OPPOSITE PAGE

- 1 Honorees Jaspan Schlesinger - Sophia Perna-Plank, Lawrence Tenenbaum, Steven Schlesinger, Karen Boorshtein of FSL, Laura Granelli, Carol Melnick, Edward Grimmett, Louis Calabro
- 2 Deborah Diers & Dr. Jay Enden
- 3 Randi Dresner, Karen Boorshtein of FSL, Cathy & Robert Creighton
- 4 Over 350 friends came out in support
- 5 FSL Board Members support event and join the festivities!
- 6 Sen. Phil Boyle, Karen Boorshtein of FSL, Christine Malafi, CMM, Jeff Basso, CMM, Wayne Grossé, Bethpage, Arthur Yermash, CMM,

Proceeds from events support the programs FSL provides for Long Island children and families in need. Find out how you, your company, or organization can help by participating in one of our fundraising events through various underwriting, partnership, and committee opportunities. Please contact Tricia O'Hare, Dir. of Dev. & Communications at tohare@fsl-li.org or 631-998-0009.

CONTINUING EDUCATION COURSES

FSL's offer practical and engaging Continuing Education courses for healthcare professionals that are facilitated by field experts with years of experience in highly specialized areas. Classes are held online or at a convenient FSL location. FSL is recognized by the NYS Education Department's State Board for Social Work (0360) and Mental Health Counselors (MHC-0030). For information and schedule of classes contact Robyn Berger-Gaston at rberger-gaston@fsl-li.org or 631-591-7580



MAKING OUR YOUTH A PRIORITY

FSL's CAMP, Project TOY, and Bethpage Backpack School Supply Drive are all special programs that give the gift of hope to children and their families. These programs offer children additional opportunities to develop emotionally, communicate effectively, encourage friendships, and to grow as individuals. Many FSL services and programs depend on the generosity of our community members to bridge the gap between hardship and hope.

Bethpage Federal Credit Union has been the principal underwriter of the school supplies drive program since 2007. Our thanks for their leadership and to the many other supporters such as **Allstate, Campolo, Middleton & McCormick, Chase, Huntington Hospital, NYCB, PSEG, Parishioners of Old First Presbyterian Church of Huntington, Prudential Financial Services, SUNation Solar Systems, Zebra, Long Island Coalition for the Homeless,** and the **Backpack Pirates**. Each collected much needed items during the summer months to complete this project. Deepest appreciation to **Westfield Mall** and all donors for their ongoing support of FSL's children's programs.



CREATE YOUR LEGACY THROUGH A PLANNED GIFT

For over 90 years FSL has depended on the support of donors like you for the funding needed to provide unparalleled quality services for future generations. Just as you support FSL today, your planned gift will ensure that support and services available tomorrow and every day. To learn about the FSL Legacy Circle contact Jonathan Chenkin, VP for Development at jchenkin@fsl-li.org or 631-470-6770.

FINANCIAL DATA 2019 PROGRAM INCOME BY SOURCE

PUBLIC CONTRIBUTIONS & FUNDRAISING

Direct Contributions	
<i>(Individual, corporate, newspaper, appeals to community groups, other)</i> . . .	\$ 344,897
Thrift Shop	\$ 29,239
United Way of Long Island	\$ 175,640
Institutional Contracts	\$ 2,086,683
Board Fundraising Events	\$ 523,847

INDIRECT PUBLIC SUPPORT

Grants	\$ 3,593,091
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GOVERNMENT CONTRACTS

Suffolk County	\$19,535,033
New York State	\$ 1,424,680
Town of Huntington	\$ 366,216
United States Department of HUD	\$ 996,673
Town of Mineola	\$ 5,000
Town of Islip	\$ 127,490
Town of Southampton	\$ 94,996
Town of East Hampton	\$ 79,803
Town of Brookhaven	\$ 39,691
Town of Southold	\$ 33,000
Town of Babylon	\$ 7,965
Town of Riverhead	\$ 15,000

PROGRAM FEES

Program Service Fees and Insurance	\$ 4,394,786
Medicare and Medicaid Payments	\$21,037,472

OTHER INCOME

Rental Income	\$ 47,473
Other Income	\$ 69,398

TOTAL PROGRAM SUPPORT REVENUES \$55,028,073

PROGRAM EXPENDITURES BY FUNCTION COMMUNITY SERVICES

Youth, seniors & Intergenerational Services	\$ 3,359,608
Family Services	\$ 4,691,298
Vocational Services	\$ 1,230,610
Housing & Homeless Services	\$11,138,205
Behavioral Health Services	\$26,326,246

FUNDRAISING & DEVELOPMENT \$ 1,142,043

MANAGEMENT & ADMINISTRATION \$ 6,236,773

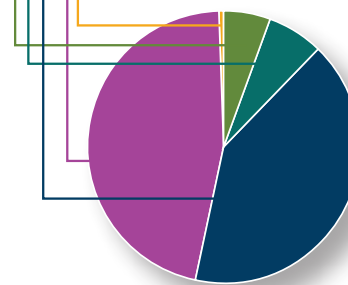
TOTAL PROGRAM EXPENSES \$54,124,783

Net Assets January 1, 2019 \$12,988,512

Net Assets December 31, 2019 \$15,710,983

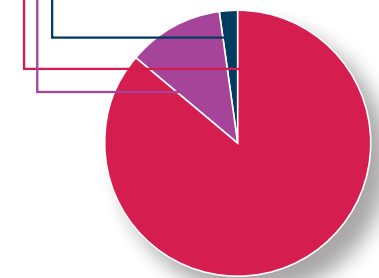
PROGRAM INCOME 2019

Public Support & Fund Raising	3,160,306
Indirect Public Support	3,593,091
Government Contracts	22,725,547
Program Fees	25,432,258
Other Income	116,871
TOTAL	55,028,073



PROGRAM EXPENSES 2019

Program Services	46,745,967
Support Services	6,236,773
Development Expenses	1,142,043
TOTAL	54,124,783





Olsten Family Center
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MISSION

Family Service League helps individuals, children, and families throughout Long Island to mobilize their strengths and improve the quality of their lives at home, in the workplace, and in the community.

Have you visited the Family Service League website recently? www.fsl-li.org is designed to provide visitors with a wealth of information about our programs and events in an easy to navigate style. Follow us on [f](#) [t](#) [in](#) or email us at restorehope@fsl-li.org to share your comments, thoughts, and ideas!

