



FSL is supporting efforts to reduce opioid deaths in our community. We can do this by increasing awareness about the use of naloxone (Narcan®), encouraging people to recognize the signs of an overdose, and learning how to use naloxone. Suffolk County Police and Emergency Medical Services are trained and equipped to administer naloxone in the case of an overdose. Naloxone can also be a life saving tool in the hands of community members!

"I'm a FIRST RESPONDER" **"I'm a FIRST RESPONDER"** **"I am TOO"**

Carry naloxone (Narcan®).

Learn more: www.HealTogetherNY.org/Suffolk

Social distancing puts people with opioid use disorder at increased risk for overdose. If you or a family member use opioids, like heroin, fentanyl, or prescription painkillers in ways other than prescribed, get naloxone (Narcan®) and learn how to use it. Be sure to tell your loved ones where you keep this life saving medication and teach them how to use it in case of an overdose.

Learn more at www.HealTogetherNY.org/Suffolk or [#HCSBrookhavenNaloxone](https://twitter.com/HCSBrookhavenNaloxone)

Are you facing a mental health crisis or dealing with the challenges of an addiction?

Are you feeling overwhelmed? Do you have thoughts of hurting yourself?

You are not alone. Call 631-952-3333 today.
DASH Crisis Stabilization Center
90 Adams Avenue, Hauppauge, New York

The DASH Crisis Stabilization Center is open 24-hours a day and staffed with compassionate, trained healthcare professionals who want to help Suffolk County's children and adults who are struggling to cope.

No estás solo.

Llame al 631-952-3333 para Atención de Crisis las 24 Horas. Terapistas multilingües están disponibles para hablar, llame si necesita ayuda.

Visit the "Find Help" page of www.fsl-li.org for information on services and programs for children, families, and seniors.

Since 1926, FSL has assisted in all aspects of human services, including mental health counseling, treatment of substance abuse, early education, and senior services.

Today, FSL touches the lives of more than 50,000 Long Island children and families. Together, we are Restoring Hope and Rebuilding Lives! Together, we can overcome the challenges of this unprecedented situation and build a stronger future. Call today and look towards a brighter tomorrow!

Your contributions are needed now more than ever.

Please consider helping us during this crisis.

Making a tax deductible donation is easy by clicking below or sending a text to 91999 and type "FSLCovid".

Any amount is greatly appreciated!



631-427-3700

restorehope@fsl-li.org

www.fsl-li.org

