



## FCC awards telehealth grant to broaden scope of behavioral health counseling and crisis care services for Suffolk County children and adults!

In this time of Covid, social distancing, and economic instability, the availability of care via telehealth has become extremely relevant. Over the next few months many children and adults across Suffolk County will be facing major changes that may impact mental health and emotional issues which include the challenges associated with anxiety, depression, and substance dependency. This new grant, of up to \$239,346, awarded through the **Federal Communications Commission's (FCC) COVID-19 Telehealth Program** will help strengthen FSL's network of resources by expanding the availability of telecommunications services, information services, and connected devices. This grant was created in response to the COVID-19 pandemic and in coordination with the **Coronavirus Aid, Relief, and Economic Security (CARES) Act**.

Additional laptops, mobile hotspots, videoconferencing equipment, and network upgrades are all part of how FSL can better connect needed services to those affected by COVID-19. Existing clients, new patients, essential workers, FSL staff, and the community at large will all benefit from this expansion of technology. "We have long recognized the importance of providing clients with the continuity of vital support throughout difficult times and this has been forefront in our strategic planning. Throughout this pandemic, FSL has provided access to mental health counseling, behavioral health counseling, and crisis care services via telehealth to thousands of people across Suffolk County. Children and adults depend on FSL's broad spectrum of programs. We are their safety-net", said Karen Boorshtein, FSL President & CEO. "We are appreciative of the FCC's commitment to helping healthcare providers offer care and look forward to expanding FSL's robust platform of telehealth services during this critical time."

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Do you have thoughts of hurting yourself? Are you feeling overwhelmed?  
Are you facing a mental health crisis or dealing with the challenges of an  
addiction?

**You are not alone.** The DASH Crisis Stabilization Center is open 24-hours a day and staffed with compassionate healthcare professionals who want to help Suffolk County's children and adults who are struggling to cope.

**Call 631-952-3333 today to find the help you need.**

DASH Crisis Stabilization Center  
90 Adams Avenue, Hauppauge, New York

*No estás solo.*

*Llame al 631-952-3333 para Atención de Crisis las 24 Horas. Terapistas multilingües están disponibles para hablar, llame si necesita ayuda.*

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Visit the "Find Help" page of



Since 1926, FSL has assisted in all aspects of human services, including mental health counseling, treatment of substance abuse, crisis care, early education, and senior services.

Today, it touches the lives of more than 50,000 Long Island children and families.

FSL is Restoring Hope and Rebuilding Lives!

**Your contributions are needed now more than ever. Together, we can overcome the challenges of this unprecedented situation and build a stronger future!**

Making a tax deductible donation is easy by clicking below or sending a text to 91999 and type "FSLCovid".

Any amount is greatly appreciated!



631-427-3700

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