



We welcome family members to join the monthly online support meetings of the **Beading Hearts Groups** Facilitated by **Family Service League**

**Brothers and sisters who lost their siblings to overdose or addiction.**

1<sup>st</sup> Wednesday of every month at 6:30 pm  
Facilitated by Sara Kucker, LMSW, M.Ed.

**Parents who found their child following an overdose.**

2<sup>nd</sup> Thursday of every month at 7:00 pm  
Facilitated by Alicia Fuggetta, LMSW

**Parents who lost an only child to overdose or addiction.**

4<sup>th</sup> Tuesday of every month at 7:00 pm  
Facilitated by Robyn Berger-Gaston, LCSW-R

**Parents who lost more than one child to overdose or addiction.**

4<sup>th</sup> Thursday of every month at 7:00 pm  
Facilitated by Alicia Fuggetta, LMSW

**There are 3 ways you can join the Zoom meeting!**

<https://securetelehealth.zoom.us/j/6760451462>

or

Go to **Zoom.com** and join meeting using the code 6760451462

or

Dial 1-646-876-9923 with Meeting ID: 6760451462

For information contact:

Robyn Berger-Gaston, LCSW-R at 631-591-7580 or [rberger-gaston@fsl-li.org](mailto:rberger-gaston@fsl-li.org)

**There is no fee to attend.**

**These vital support programs are funded by the LOOK UP for ADAM Foundation**

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**Do you have thoughts of hurting yourself?**

**Are you feeling overwhelmed?**

**Are you facing a mental health crisis or dealing with the challenges of an addiction?**

**You are not alone.** The DASH Crisis Stabilization Center is open 24-hours a day and staffed with compassionate healthcare professionals who want to help Suffolk County's children and adults who are struggling to cope.

**Call 631-952-3333 today to find the help you need.**

DASH Crisis Stabilization Center  
90 Adams Avenue, Hauppauge, New York

**No estás solo.**

**Llame al 631-952-3333 para Atención de Crisis las 24 Horas. Terapistas multilingües están disponibles para hablar, llame si necesita ayuda.**

Visit the "Find Help" page of [www.fsl-li.org](http://www.fsl-li.org) for information on services and programs for children, families, and seniors.

Since 1926, FSL has assisted in all aspects of human services, including mental health counseling, treatment of addition abuse, crisis care, early education, and senior services. Every year, it touches the lives of more than 50,000 Long Island children and families. In this social climate it is important to reiterate its founding values - FSL rejects racism, prejudice, and intolerance on every level. Society is meant for all people to have equal and equitable access to quality health care, education, food, justice, and security, along with many other necessities. All of these are basic and essential rights - for everyone - and that will always be our guiding principle. Today, and every day in communities across Long Island, FSL is Restoring Hope and Rebuilding Lives!

**Your contributions are needed now more than ever. Together, we can overcome the challenges of this unprecedented situation and build a stronger future for all Long Islanders!**

Making a tax deductible donation is easy by clicking below or sending a text to 91999 and type "FSLCovid". Any amount is greatly appreciated!



631-427-3700

[restorehope@fsl-li.org](mailto:restorehope@fsl-li.org)

[www.fsl-li.org](http://www.fsl-li.org)

