



# EAST END MENTAL HEALTH AND SUBSTANCE USE CARE FOR CHILDREN, ADULTS, AND FAMILIES

**FSL's East End Certified Community Behavioral Health Clinic (CCBHC)** offers 24-hour care for those who are struggling with mental health issues and/or substance use disorders. This convenient community-based outpatient program was created for children and adults residing in Suffolk County. CCBHC services are available to everyone - those insured and uninsured. FSL wants to help people begin their journey to a healthier life!

## **FSL's East End Outpatient CCBHC offers:**

- A dedicated professional team which includes nurse practitioners in psychiatry, registered nurses, social workers, credentialed alcoholism and substance abuse counselors, case managers and peer specialists – all offering support and guidance.
- Medical screenings, assessments and diagnosis, crisis care, counseling, medication management, psychiatric evaluation, and rehabilitation services.
- Individual, group, or family therapy, and same-day access to care and referrals to other resources.
- Targeted treatment plans offered in a caring and comfortable environment that is designed to help individuals improve their quality of life and for their families to feel supported throughout the treatment and recovery process.
- Whole-person, integrated care includes on-site primary medical services, monitoring, and treatment of medical conditions such as heart disease, diabetes, or COPD.
- Mobile Crisis Team (MCT) delivers crisis care to schools, businesses, homes, and other locations throughout the community.
- Care designed for the unique issues faced by members of the armed forces and veterans.
- Specialized 24-hour services available to stabilize people experiencing crisis.

**400 West Main Street, Riverhead, New York 11901**  
**631-369-0104**

### **Clinic Hours:**

**Monday - Thursday 8am-10pm, Friday 8am-8pm, and Saturday 9am-5pm**

**631-952-3333 HOTLINE available 24/7/365**

**Let FSL help you on your journey to a healthier life!**



Funding for the CCBHC program provided by the Substance Abuse and Mental Health Services Administration (SAMHSA). This grant allows for access to services for all Suffolk County residents regardless of ability to pay. FSL works in coordination with the NYS Office of Mental Health, NYS Office of Addiction Services and Supports and the Suffolk County Division of Mental Hygiene.

**[www.fsl-li.org](http://www.fsl-li.org)**

