

**Watch live at 9:00am today
and
join us for the virtual
2nd Annual
WALK FOR WELLNESS**

[Facebook](#) and [Instagram](#)



Walk, run, or bike from wherever you are. -
Share posts with friends at **#FSLWALK**
Raise funds while building awareness. -
This year's WALK will benefit FSL's programs -
and support clients impacted by the COVID -
health crisis. -

**It's not too late...
Text FSLWALK20 to 71777 or [click here](#)
to donate!**

Our thanks to the 2020 co-chairs, committee, team captain's, donors, and walkers. Your efforts on behalf of FSL are greatly appreciated and needed. Together, we are Restoring Hope and Rebuilding Lives for thousands of children and families throughout Long Island.

We proudly recognize the support of our 2nd Annual Walk for Wellness Sponsors!

John & Elaine Kanas
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Walker Family



Dr. Jay Enden



Since 1926, FSL has assisted in all aspects of human services, including mental health counseling, treatment of addiction abuse, crisis care, early education, and senior services. Every year, it touches the lives of more than 50,000 Long Island children and families. In this social climate it is important to reiterate its founding values - FSL rejects racism, prejudice, and intolerance on every level. Today, and every day in communities across Long Island, FSL is Restoring Hope and Rebuilding Lives!

Your contributions are needed now more than ever. Together, we can overcome the challenges of this unprecedented situation and build a stronger future for all Long Islanders!

Making a tax deductible donation is easy by clicking below or sending a text to 91999 and type "FSLCovid". Any amount is greatly appreciated!

Thank you!



631-427-3700 restorehope@fsl-li.org www.fsl-li.org

