

Every year, hundreds of children experience the power of play at summer camp thanks to FSL donors.



Family Service League helps individuals, children, and families to mobilize their strengths and improve the quality of their lives at home, in the workplace, and in the community.

2022 UPDATE & 2021 ANNUAL REPORT

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MESSAGE FROM OUR PRESIDENT & CHAIR

Dear Friends,

Living through this pandemic has been a challenging time for everyone. Every day in the news, we are reminded of the widespread increase in mental health issues and of the need to shed light on mental health wellness and the resources available to help those impacted. In the wake of COVID there has been a sharp increase in depression, anxiety, and suicide attempts by children, teens, and adults. Mental illness knows no barriers - it affects people of all ages, races, and income levels.

There is good news. FSL's counseling services and support programs continue to be a lifeline for children and adults. We are grateful that more public figures are speaking up and working to reduce the stigma by bringing attention to the need for a more open dialogue about this disease. FSL is educating people to learn what to look for and how to access resources to fight this debilitating illness. FSL's life-saving prevention education programs provide guidelines for how to help someone experiencing a mental health crisis and those contemplating suicide. Overcoming, coping, and managing mental health issues are paramount for the individual and their loved ones. For those in extreme crisis, FSL offers a 24-hour hotline (631-952-3333) and mobile team providing immediate care through the Diagnostic, Assessment and Stabilization Hub known as DASH.

FSL's 650+ dedicated staff provide all aspects of human services, including mental health counseling, addiction prevention and treatment, housing opportunities, trauma and crisis care, early education, and unique assistance for children, families, and seniors. We are fortunate to have the talents of a caring Board and volunteers working with our team. Together, with your help, we are continuing the tradition of Restoring Hope and Rebuilding Lives in communities across Long Island. We welcome individuals, businesses, and civic organizations looking to become involved with our mission.

We appreciate your confidence in our ability to provide for our community. Please contact us at restorehope@fsl-li.org if you would like to discuss our programs and visit www.fsl-li.org to read about our latest happenings. Be well!

Warm regards,



Karen Boorshtein, LCSW
President & CEO



Robert C. Creighton, Esq
*Chair
Farrell Fritz, PC*

SUFFOLK COUNTY'S HISTORIC POLICE REFORM CREATES PROGRAMS DESIGNED TO BENEFIT INDIVIDUALS WITH MENTAL ILLNESS OR SUBSTANCE ABUSE



(L>R) Deputy County Executive Jon Kaiman, Cari Besserman - Director, Division of Community Mental Hygiene Services, Suffolk County Health Department, Deputy County Executive Vanessa Baird-Streeter, Suffolk County Executive Steve Bellone, FSL President & CEO Karen Boorshtein, Suffolk County Police Commissioner Rodney Harrison, FSL CSO Jeffery Steigman, Suffolk County Health Commissioner Dr. Gregson H. Pigott, and Suffolk County Deputy Police Commissioner Risco D. Mention-Lewis, Esq. All attended the March 24, 2022 Press Conference which was held at FSL's 24-hour DASH Crisis Care Center in Hauppauge.

FSL is collaborating with the Suffolk County Executive, Suffolk County Police, and Southampton Police, as well as many East End Town and Village law enforcement departments as part of the important broader national movement of Police Reform. This project exemplifies a model of cooperation between a community

behavioral health organization and law enforcement that previously did not exist in Suffolk County. The initiative aligns our efforts with an unmet need and seeks to ensure that those suffering from a mental health or substance use issue receive the right intervention, by the right professional at the right time.



Rhonda Pierson-Delorenzo of Flushing Bank, Karen Boorshtein, and Ken Cerini of Cerini & Associates

FSL RECEIVES IMAGINE AWARD

FSL's new DASH Police Reform program has already received a distinguished recognition. We're excited to share that FSL was chosen as one of the winners at the Imagine Awards for Long Island's non-profits. Karen Boorshtein was presented with the Flushing Bank Innovation Award on April 27th. Sincere thanks to Cerini & Associates, the sponsors, panel, and the many peer organizations that made the event possible.

RIBBON-CUTTING AT HUNTINGTON FAMILY CENTER



Supporters gathered on May 11th for the Ribbon-Cutting of the Huntington Family Center (HFC) located at 1264 New York Avenue, Huntington Station. The programs offered at this unique multi-service facility include advocacy, referrals, crisis counseling, youth services, job training and employment services, and housing services. HFC also houses representatives from the Suffolk County Department of Labor, the Suffolk County Department of Social Services, PSEG, Western Suffolk BOCES English as a Second Language program, and the Health & Welfare Council of Long Island. Additionally, the Lockwood Early

Learning Center provides early education for preschoolers. This new and expanded site, formerly Manor Field, remains a critical resource for over 3,500 children and adults residing in Greater Huntington. For information contact Penny Antonio at pantonio@fsl-li.org or 631-385-2305.

FSL's Family Centers are located in Bay Shore, Huntington Station, Mastic Beach, and Riverhead. Visit www.fsl-li.org for a complete list of programs and locations.

HELP US MAKE A DIFFERENCE!

Join us for the **4TH ANNUAL WALK FOR WELLNESS** **Saturday, September 10TH**

9:00am Rain or Shine ■ Belmont Lake State Park, North Babylon



Walk, Run, or Bike the scenic 1.5 mile or 5k trail around the lake.

No fee to join – Registration is required!

Walk with us to help build awareness and raise needed funds for programs that children and adults rely on each day.

This is a fun and uplifting event for you to show your support and change lives for the better.

Sponsorships, teams and individual fundraising opportunities are available.

All will be able to share photos on the day of the walk on social media #FSLWALK

Text FSLWALK22 to 71777 to register and start fundraising!

Contact Erin McFadden, Asst. Dir. of Development, at erin.mcfadden@fsl-li.org or call 631-470-6775 to learn more!

FAMILY SERVICE LEAGUE'S PROGRAMS & SERVICES

ADDICTION SERVICES

- ADAM - Addiction Direction and Management
- Alcohol and Drug Prevention
- Certified Community Behavioral Health Clinic (CCBHC)
- Chemical Dependency Clinics
- Diagnostic Assessment and Stabilization Hub (DASH)
- Mobile Crisis Team
- Center of Treatment Innovation (COTI)
- LI Prevention Resource Center

CHILDREN'S SERVICES

- Alternatives For Youth (AFY)
- Bethpage Backpack Drive
- CAMP
- Children and Family Treatment & Support Services (CFTSS)
- Children's Care Coordination / Health Home
- Cognitive Behavioral Intervention for Trauma in Schools (C-BITS)
- Home Base 1 / CCSI
- Learn, Enrich, Achieve and Dream (LEAD)
- Lockwood Early Learning Center
- Operation Success
- Project TOY
- RECESS
- Universal Pre-Kindergarten

EDUCATION & EMPLOYMENT

- Continuing Education Courses
- Flexible Employment Program (FEP)
- WorkPlus

FAMILY & COMMUNITY SUPPORT

- Brentwood Community School
- Community Advocacy, Information & Referral (CAIR)
- Community Behavioral Health Collaborative
- East End Youth and Family Advocacy
- Family Centers
 - Bay Shore – Iovino South Shore
 - Huntington
 - Mastic – William Floyd School Campus
 - Riverhead
- Family Connect
- Genoa Pharmacy (Partner)
- Healthy Families New York
- Home Safe
- Jewish Support Services
- Library Family Place
- Parent To Parent
- LI Prevention Resource Center
- WIC – Women, Infant, Children Stony Brook (Partner)

HOUSING & HOMELESSNESS

- Emergency Housing Family Shelter
- Huntington Interfaith Homeless Initiative (HIHI)
- Homeless Prevention and Rapid Rehousing
- HomeShare
- Program Home
- South Shore Family Shelters
- Suffolk Hope – Supported Housing
- The Linkage Center and Extension (TLC)

MENTAL HEALTH & INTEGRATED CARE

(Diane Goldberg Behavioral Health Services)

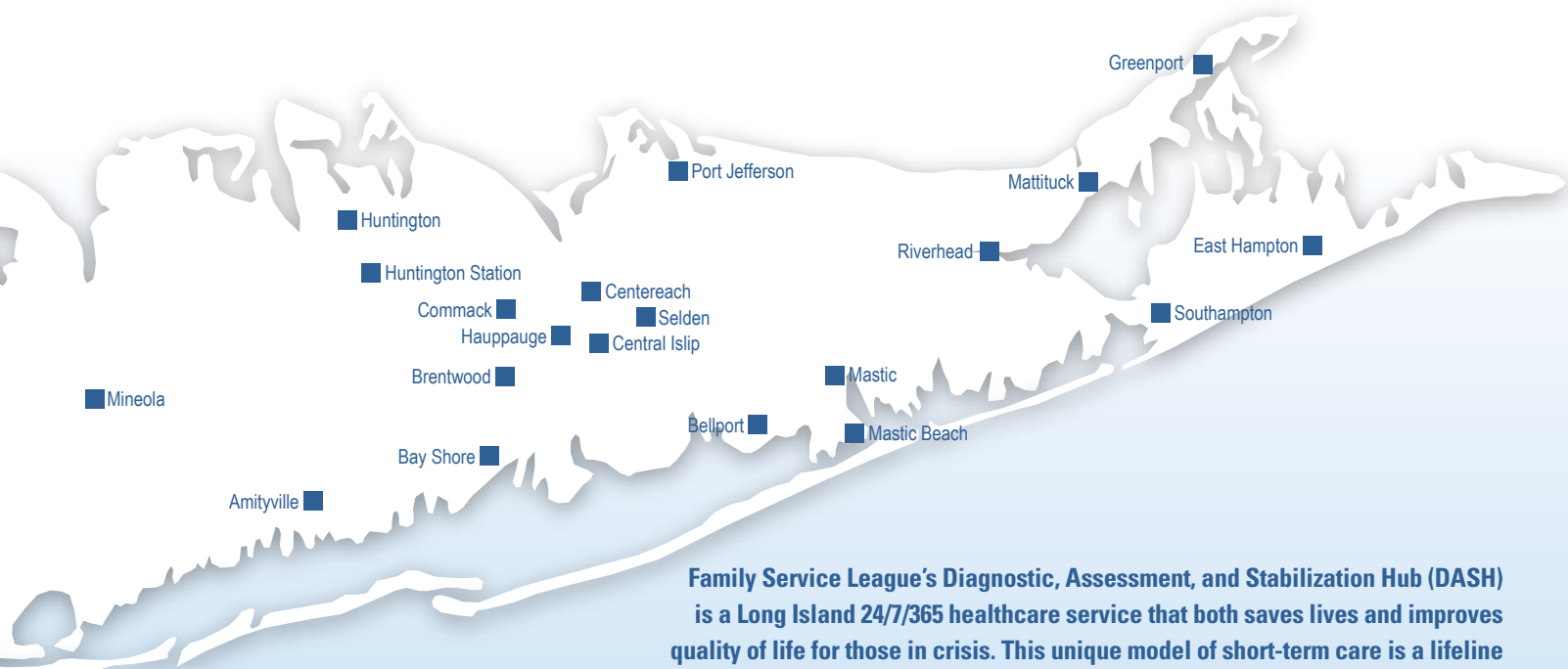
- Assertive Community Treatment (ACT)
- Certified Community Behavioral Health Clinic (CCBHC)
- Children and Family Treatment & Support Services (CFTSS)
- Community Crisis Action Team (C-CAT)
- Community Health Care Collaborative (CHCC)
- Diagnostic Assessment and Stabilization Hub (DASH)
- Fay J. Lindner Health & Wellness Center
- Genoa Pharmacy (Partner)
- Health Home Care Management
- Joe's Project
- Mental Health Clinics and Satellites
- Mobile Crisis Team
- Stepping Stones Personal Recovery Oriented Services (PROS)
- Transition of Care - Northwell Health System and Stony Brook University Hospital

SENIOR & CAREGIVER SERVICES

- Caregiver Support
- Long Term Care Ombudsman
- Long Island Sound Senior Connections (LISSC)
- SeniorNet

TRAUMA & CRISIS CARE

- Center of Treatment Innovation (COTI)
- Certified Community Behavioral Health Clinic (CCBHC)
- Community Crisis Action Team (C-CAT)
- Diagnostic Assessment Stabilization Hub (DASH)
- Joe's Project – Suicide Pre and Post-vention
- Mobile Crisis Team



Family Service League's Diagnostic, Assessment, and Stabilization Hub (DASH) is a Long Island 24/7/365 healthcare service that both saves lives and improves quality of life for those in crisis. This unique model of short-term care is a lifeline for Suffolk County residents who are struggling with severe mental health conditions or addictive disorders. Call the DASH hotline 631-952-3333 anytime!

SUPPORTING OUR NEIGHBORS

Throughout this health emergency, the kindness and compassion of our corporate friends and individuals have been remarkable. Our deepest appreciation to all donors who share our vision. We take this opportunity to highlight how generous donors and grants are being utilized to help our neighbors, friends, and families across Long Island.

- The Flexible Employment Program is a comprehensive vocational and computer-training program for individuals with physical, psychiatric, or developmental disabilities from predominantly low-income households. Students learn skills to obtain and maintain competitive and integrated employment within the community. A \$25,000 grant from **Capital One Bank** supports job search, development, and placement services, resulting in 20 students securing full-time and part-time employment.
- The **Long Island Community Foundation** \$50,000 award helps fund the programs at DASH. Our team works with individuals struggling with suicidal thoughts, severe depression, anxiety, overwhelming stress, drug or alcohol abuse, erratic behavior,

extreme family or interpersonal conflicts, and workplace or school trauma. Some challenges cannot be faced alone – DASH provides immediate help for Suffolk County residents in crisis.

- The **UJA Federation of New York** provided a grant of \$130,000 to create a new, culturally competent short-term counseling program. Children, families, and seniors are benefiting from help coping with issues such as depression, anxiety, grief, relationship challenges, and care management. The program also assists clients with varied needs such as food insecurity, housing, utilities, and employment. Services are provided via telehealth technology or in person at the Suffolk Y Jewish Community Center, at Suffolk County synagogues, or at FSL's Family Center in Riverhead.
- The **Diane Goldberg Foundation** gave a \$30,000 award to support the DASH program. This 24-hour crisis care facility works with children, adults, and families seeking assistance with severe mental health and addiction issues.

WAYS YOU CAN MAKE A DIFFERENCE

Volunteers help FSL provide valuable services to thousands of people every year. Whether mentoring a teen, helping a neighbor as a senior advocate, or lending business experience, there is a place for you. We strive to match a volunteer's interests and skills with the needs of our programs. Volunteer opportunities can be "done in a day" or on a long-term basis. We welcome individuals, businesses, and civic organizations looking to make a difference. Contact Danielle Greenwood, Volunteer Coordinator, at danielle.greenwood@fsl-li.org or 631-470-6772.

Many FSL services and programs depend on the generosity of community members bridging the gap between hardship and hope. The past two years have been difficult for many children and adults. Thanks to you, the FSL team of health care professionals stand ready to help. Long Islanders turn to us with life's most pressing issues - mental illness counseling,

housing concerns, food insecurity, and addiction recovery. The need for our programs continues to increase and we need your assistance to provide critical care. To learn more about FSL or ways you can get involved contact Tricia O'Hare, Dir. of Dev. & Communications at tohare@fsl-li.org or 631-205-8944.

Go to www.FSL-LI.org to donate or review event sponsorship opportunities. Text "FSL" to 41444 or scan the QR code to send your gift today. Ask your employer if they offer Matching Gift opportunities and please consider an automatic monthly donation. Family Service League is a 501(c)3 corporation. Your gift is tax deductible to the full extent of the law.

Thank you for your compassion.

Together, we can work toward a brighter future for all.



Volunteers from Nestle Health Science/The Bountiful Company renovate the vegetable garden at our family shelter, providing a source of healthy food to the more than 300 residents — including 227 children — who call the shelter home.

FINANCIAL DATA 2021

PROGRAM INCOME BY SOURCE

PUBLIC CONTRIBUTIONS & FUNDRAISING

Direct Contributions	
<i>(Individual, corporate, newspaper, appeals to community groups, other)</i>	\$ 781,597
Thrift Shop	\$ 626
United Way of Long Island	\$ 177,884
Institutional Contracts	\$ 1,470,779
Board Fundraising Events	\$ 673,158

INDIRECT PUBLIC SUPPORT

Grants	\$ 5,524,249
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GOVERNMENT CONTRACTS

Suffolk County	\$20,455,510
New York State	\$ 2,803,351
Town of Huntington	\$ 367,753
United States Department of HUD	\$ 684,258
Town of Islip	\$ 355,512
Town of Southampton	\$ 87,190
Town of East Hampton	\$ 81,030
Town of Brookhaven	\$ 223,455
Town of Southold	\$ 119,000
Town of Babylon	\$ 9,976

PROGRAM FEES

Program Service Fees and Insurance	\$ 2,640,268
Medicare and Medicaid Payments	\$22,270,688

OTHER INCOME

Rental Income	\$ 45,548
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TOTAL PROGRAM SUPPORT REVENUES \$58,771,832

PROGRAM EXPENDITURES BY FUNCTION

COMMUNITY SERVICES

Youth, Seniors & Intergenerational Services	\$ 3,219,475
Family Services	\$ 4,060,153
Vocational Services	\$ 1,032,580
Housing & Homeless Services	\$11,542,929
Behavioral Health Services	\$29,165,828

FUNDRAISING & DEVELOPMENT \$ 917,849

MANAGEMENT & ADMINISTRATION \$ 5,850,171

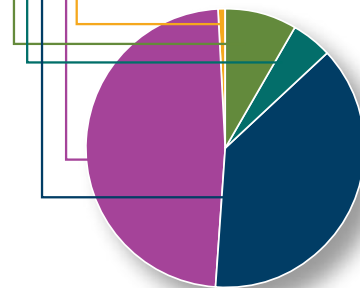
TOTAL PROGRAM EXPENSES \$55,788,985

Net Assets January 1, 2021 \$16,218,922

Net Assets December 31, 2021 \$19,316,624

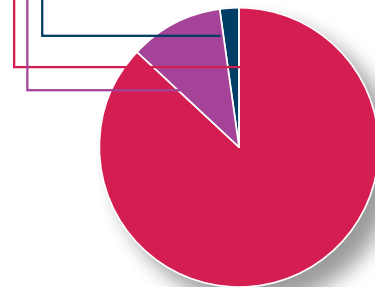
PROGRAM INCOME 2021

Public Support & Fund Raising	3,104,044
Indirect Public Support	5,524,249
Government Contracts	25,187,035
Program Fees	24,910,956
Other Income	45,548
TOTAL	58,771,832



PROGRAM EXPENSES 2021

Program Services	49,020,965
Support Services	5,850,171
Development Expenses	917,849
TOTAL	55,788,985





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2022 SAVE THE DATES

- Backpack and School Supply Drive
Sponsored by Bethpage Federal Credit Union
June, July & August
- Camp Champions Initiative
Join Anytime!
- 4th Annual Walk for Wellness
Saturday, September 10th
Belmont Lake State Park
- Great Chefs of Long Island
Monday, November 14th
Crest Hollow Country Club
- Project TOY - Holiday Children's Gift Collection
Sponsored by Bethpage Federal Credit Union
November & December

www.fsl-li.org



FSL is honored to have friends who believe in our mission. These supporters have joined our commitment to improving the lives of Long Islanders by providing a broad array of programs which promote mental health and well-being. Many of the individuals who benefit from FSL's services are facing overwhelming challenges. Thanks to donations received through the Annual Appeal and special event funding, we can offer a variety of support tools which empower individuals and families to mobilize their strengths and improve the quality of their lives. \$0.88 of every dollar collected goes directly to fund programs - an average well above the industry standard. Our Text to Give option is easy – Text "FSL" to 41444 or visit www.fsl-li.org.

Since 1926, FSL has helped Long Islanders through sorrows, triumphs, and the challenges faced by those lacking even the most basic of life's necessities. As much as things have changed, one thing remains consistent – the need for quality mental health and addiction services are critical for our communities to thrive. A planned legacy gift will help ensure a brighter tomorrow for future generations. Contact Jonathan Chenkin, Chief Development Officer, at jchenkin@fsl-li.org or 631-470-6770 to learn how your generosity can impact the availability of much needed services for our Long Island neighbors.

Proud of our accomplishments, more proud to serve our communities!

