



Sign up today...

FSL's 4th Annual Walk for Wellness

Saturday, September 10th

Belmont Lake State Park, North Babylon, NY

Walk, Run, or Bike!

9:00 am • Rain or Shine • 1.5 Mile or 5k options



Join friends and FSL staff as we walk, run, and bike to build awareness and raise much needed funds for the 60 vital programs that thousands of children and adults rely on each day.

Family friendly event with children's activities and games.
Begin the morning with a yoga session.

Text **FSLWALK22** to **71777** to register, create a team, and fundraise.

Call 631-470-6775 or email erin.mcfadden@fsl-li.org

You can win great prizes!

Highest individual fundraiser wins two tickets to the Miami Marlins at the New York Mets

(sec 123, row 4, seats 1 & 2 FIELD LEVEL) for Wednesday, September 28th, 2022

All participants will be eligible for the on-site raffle drawn at the beginning of the WALK,

assorted FSL branded merchandise and two tickets for Great Chefs of Long Island.

Participants raising more than \$50.00 receive a 2022 WALK T-Shirt!

Thank you to our sponsors!

PSEG

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Raynor Country Day School

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Our thanks to the WALK for WELLNESS Committee

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Please forgive any omissions. List in formation. All donations greatly appreciated!
Would you like to underwrite the event or discuss getting involved in another capacity? Call 631-470-6770.