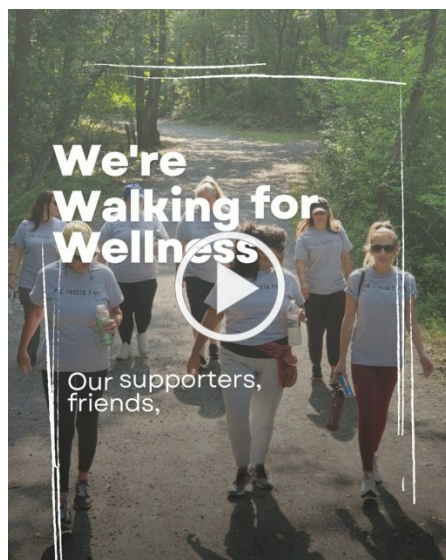


Dear Friends,

This morning we are Walking for Wellness at Belmont Lake State Park to raise funds and build awareness of the 60+ programs FSL offers throughout communities across Long Island. We're proud to celebrate and take "strides" together to improve the lives of those in our community who need it most.



We're asking you to consider supporting us with a gift celebrating our Sept. **10th** WALK with donation in an increment of **10** — be it \$10, \$20, \$50 or more. This will make a remarkable difference for the children, families, and seniors who rely on FSL every day. We're putting our best foot forward for our clients, and we're counting on friends like you to do the same!



### **10 Reasons to give today...**

1. We touch the lives of over 50,000 people every year.
2. We offer 24/7 crisis care at DASH (Hotline 631-952-3333).
3. We house and feed 600+ people per night in our Shelter Network.
4. We provide school supplies for thousands of children every year.
5. We have 4 full-service Family Centers in Suffolk County.
6. We provide early education to hundreds of preschoolers every year.
7. We offer senior advocacy services and caregiver support.
8. We are voted a TOP Long Island and National Workplace.
9. We are Charity Navigator and Candid Platinum endorsed.
10. We have been serving the community for over 95 years!

## Thank you to the 2022 WALK for Wellness Sponsors

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Would you like to underwrite the event or discuss getting involved in another capacity? Call 631-470-6770.