



The people lost due to overdose are
not just statistics –
they are family members and friends.

August 31st is Overdose Awareness Day

FSL is part of the overdose awareness initiative that includes confronting the stigma, raising awareness about drug overdose, and prevention education and activities specifically geared for community youth.

By donating today or participating in our upcoming WALK for Wellness you can help us spread the message that the tragedy of overdose is preventable and that there is help for those struggling with addiction.



Every dollar counts!

Help build awareness about overdose prevention and provide counseling to the thousands of people across Suffolk County who have lost loved ones.

[DONATE NOW](#)



4th ANNUAL WALK FOR WELLNESS



Saturday, September 10th
9:00am Rain or Shine

Belmont Lake State Park
North Babylon

Walk, Run, or Bike
1.5 mile or 5K options



Join friends and FSL staff as we walk, run, and bike to build awareness and raise much needed funds for the 60 vital programs that thousands of children and adults rely on each day.

Text **FSLWALK22** to **71777** to register, create a team, and fundraise.

**CHILDREN'S
ACTIVITIES & GAMES**

CLICK HERE FOR MORE
INFORMATION OR CONTACT
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