

[DONATE NOW](#)



[As you begin making plans for festive gatherings and shopping for gifts please consider making a donation that will have a real impact on the life of a fellow Long Islander.](#)

365 days a year, our most vulnerable neighbors depend on FSL for vital care and programs. These children and adults are facing difficulties and hardships such as depression, housing, food insecurity, and anxiety. In addition, thousands of families across Long Island are struggling to cope with loved ones battling addiction or mental illness.

[We need your help to continue our lifeline of support!](#)

Your gift will help in a dramatic way, here are a few of the vital services FSL provides:

- A Network of Shelters provide safe space for over 600 Long Island children and adults who are staying with us each night.
- Support for caregivers, education for seniors, and patient advocacy for those residing in assisted living and nursing homes.
- Safety net and quality of life services such as crisis intervention, food pantries, school supplies, and holiday toys, provide thousands of families and seniors who are living in poverty with the necessities most of us take for granted.
- Educational opportunities range from parenting classes to homework help, to building employment skills, addiction prevention workshops, and much more.

- When tragedies and loss strike, FSL offers counseling for the survivors – the parents who lose a teen to addiction, the loved ones of someone who surrendered to severe depression, and those facing trauma can find comfort, coping skills, and healing.
- In total, there are 60+ programs - all dedicated to strengthening the health and improving the quality of life for the children, individuals, and families living in our community.

**Your donation is needed now more than ever.
Click the Donate Now button, text FSL22 to 91999, or
call 631-470-6770 to learn more.**

**You can help change a life with a donation.
GIVING TUESDAY
Thank you and be well!**
