

We're able to help Long Islanders through many of life's most difficult challenges by offering 60+ vital human services and support programs.

This spectrum of care includes...

#### **ADDICTION SERVICES & TREATMENT**

Adolescents and adults receive treatment for drug and alcohol dependency. These programs provide screenings, assessments, treatment, counseling, and evaluations. Prevention workshops and technical assistance are available to community and civic groups seeking to educate Long Island residents.

# **CHILDREN'S SERVICES**

Programs and services for children and teens which include professional counseling, recreational activities, and educational opportunities. All services are focused on healthy emotional and social development.

### **EDUCATION & EMPLOYMENT**

The unemployed, the under-employed, and the working poor are given hope and inspiration with technical training, educational advancement, and assistance with job placement. Throughout the year, FSL works with highly trained instructors to offer a selection of Continuing Education courses for healthcare professionals.

### **FAMILY & COMMUNITY SUPPORT**

The well-being of a family is addressed with a broad spectrum of programs that offer emotional, psychological, and in some cases economic support. There are often additional linkages to coordinating resources that help achieve a better quality of life.

### **HOUSING & HOMELESS SERVICES**

Individuals and families without basic shelter find support and guidance on their path to self-sufficiency. These programs range from short-term emergency housing to help with permanent relocation and financial aid.

## MENTAL HEALTH COUNSELING & INTEGRATED CARE

Services are offered for adults and children with mental health issues including assessment, counseling, care coordination, integrated healthcare, school, and community based mobile services, and psychiatric rehabilitation.

#### SENIOR & CAREGIVER SERVICES

Seniors living independently and those in long term care facilities receive advocacy to ensure adequate housing, improved healthcare, and well-being. Those caring for someone over 60 years old may receive free counseling services.

## TRAUMA & CRISIS COUNSELING

The immediate needs of those in crisis, addiction, or disaster are addressed with care and guidance at FSL's DASH Crisis Center and Hotline. During volatile situations mobile response teams can be deployed immediately to assess and control crisis situations. Additionally, FSL offers much needed grief counseling and support services for survivors of suicide and the families of overdose victims.





Click here to learn more about the experiences of FSL's Front Line Health Care Workers

