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**Some of life's greatest fights cannot be faced alone.  
For the past 4 years DASH has been providing crisis care for  
children, teens, and adults in Suffolk County.**

What began as an innovative model of care is now an indispensable resource for those in crisis needing immediate assistance. This month, FSL's Diagnostic, Assessment, and Stabilization Hub, known as DASH, is marking the milestone of 4 years of service to the community. Our dedicated DASH team works with children and adults who are struggling with suicidal thoughts, severe depression, anxiety, overwhelming stress, substance abuse, and trauma. Additionally, our staff is finding an increase in the number of children and teens with higher rates of anxiety, depression, and, tragically, an increase in young people attempting and dying by suicide. Suffolk county residents have come to rely on DASH as a tangible quality resource for care.



From the opening in March 2019 through December 2022, there has been a quantifiable impact:

- **77,622** children and adults have been assessed, treated, or provided with support.
- The DASH hotline has received over **57,788** calls from those in distress.
- The Mobile Crisis Team component of DASH has assessed **4,109** individuals by responding to locations throughout the community such as schools, businesses, and private residences.

Over the past 4 years, the DASH model of care has evolved and expanded to meet the needs of our community. In 2021, we began a collaboration with the Suffolk County Police, Southampton Police, and other village law enforcement departments as part of the important broader national movement of Police Reform. Over the past year, this multi-faceted project has continued to exemplify a model of cooperation between a community behavioral health organization and law enforcement that previously did not exist in Suffolk County. This initiative aligns our efforts with an

unmet need and helps ensure that those suffering from a mental health or substance use issue receive the right intervention, by the right professional, at the right time. The interactions that officers and the FSL team encounter have both immediate and long-term positive effects for the individuals and their loved ones.

- As of January 2023, police officers have linked **652 individuals** to DASH through secure telehealth rather than transporting them to various Emergency Departments by default.
- The DASH teams were able to address the immediate needs of 80% of those individuals without additional police intervention or transport to a hospital.

FSL programs, such as DASH, have a transformative impact on the lives of those in crisis - our loved ones, neighbors, and friends. Thank you for your support of our mission of care. To learn more about any of our services or ways you can support our work, please contact us as 631-470-6770 or [restorehope@fsl-li.org](mailto:restorehope@fsl-li.org).



Call the 24-hour DASH crisis hotline **631-952-3333** anytime.

Visit the "**Find Help**" page of [www.fsl-li.org](http://www.fsl-li.org) for information on services and programs for children, families, and seniors.

