

Celebrating Our Volunteers

April is Volunteer Appreciation Month, an opportunity to recognize and thank those whose efforts have a lasting impact on the lives of others. FSL's dedicated volunteers are valued friends. Their desire to give back is a unique gift that brightens the lives of those around them. Their energy and selflessness strengthen our community.



Call FSL's 24-hour DASH crisis hotline **631-952-3333** if you are experiencing a severe mental health or substance abuse issue.

Visit the "[Find Help](#)" page of www.fsl-li.org for information on services and programs for children, families, and seniors.



Since 1926, FSL has provided all aspects of human services, including mental health counseling, addiction prevention & treatment, crisis care, early education, and family & senior services.

Today, in communities across Long Island, FSL is Restoring Hope & Rebuilding Lives.

Make a tax-deductible gift by clicking the Donate Now button or text "**FSL23**" to **91999**.

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