FSL provides services designed for children of all ages – infant through young adult – which include early education, after-school homework help, teen counseling, new parent classes, and much more!

One call leads to a brighter tomorrow!

2023 UPDATE & 2022 ANNUAL REPORT
5th ANNUAL
WALK FOR WELLNESS

Saturday, September 9th
Belmont Lake State Park, West Babylon, NY
9:00am Rain or Shine
Walk or Run with options for a 1.5 mile or 5K

Join friends & FSL staff as we walk and run to raise awareness and much needed funds for the 60 vital programs that thousands of children and adults rely on each day.

Text WALK2023 to 71777
Register, create a team, and fundraise!

Learn more about registration, sponsorships and day-of activities!
631-470-6775
erin.mcfadden@fsl-li.org

Family Service League is a New York nonprofit organization, recognized as tax exempt under section 501(c)(3) of the United States Internal Revenue Code.
MESSAGE FROM OUR PRESIDENT & CHAIR

Dear Friends,

It is our pleasure to present to you our 2022 annual report and 2023 update. We are proud to share our many accomplishments and upcoming plans - all of which serve the FSL mission of empowering individuals, families, and communities to reach their fullest potential.

Despite the challenges posed by the post pandemic world, our dedicated staff continues to provide critical services to those in need throughout Long Island. Our programs and services span a range of areas, including mental health and wellness, housing assistance, child and youth development, senior services, and community engagement.

Our housing programs continue to address the growing number of individuals who are homeless on Long Island. We help families and individuals find safe and stable housing, provide rental assistance, and connect them to resources that can help them maintain their homes and improve their financial stability. Our child and youth development programs continue to support both children and their families. We provide after-school programs, summer camps, and other activities to help children and teenagers build their skills, confidence, and sense of community.

We’ve deepened our commitment to community engagement by creating and developing partnerships with local organizations and businesses to strengthen the social fabric of our neighborhoods. Through events, outreach, and other initiatives, we are able to help build stronger, more resilient communities which support their most vulnerable members through difficult times.

None of this can be accomplished without the support of people like you - our donors, partners, volunteers, and staff. We are grateful for your trust and partnership, and we look forward to continuing to serve Long Island in the years to come. Together, we are Restoring Hope and Rebuilding Lives.

Be well!

Warm regards,

Karen Boorshtein, LCSW  
President & CEO

Robert C. Creighton, Esq  
Chair  
Farrell Fritz, PC
Family Service League is privileged to have a Board of Directors consisting of well-respected members of the Long Island corporate and civic communities, all of whom are an asset to our organization. We thank our past officers for their service and are proud to welcome the incoming leadership. Their expertise in business combined with their deep sense of integrity provides guidance and insight as FSL expands and prepares for the future. All Board Members are committed to further strengthening the safety net of programs and resources that FSL provides to thousands of Long Island families and children each year.

2023-2024 BOARD OFFICERS

Chair
Laura Granelli Gerde, Esq.
Partner
Jaspan Schlesinger Narendran, LLP

Chair-Elect
Christine Malafi, Esq.
Senior Partner and Chair of the Corporate Dept.
Campolo, Middleton & McCormick, LLP

Vice-Chair of Development
Jay B. Enden, MD, MSHPM, FACP
Eastern Region Medical Director
South Shore University Hospital
Northwell Health

Vice-Chair of Programs
Dominique Walker, LMHC, PC
Manager of Program Development for
South Shore Heart & Lung
South Shore University Hospital
Northwell Health

Vice-Chair of Finance, Audit, and Compliance
James Ashe, CPA, MAFF, CFF
Partner
Advisory Services Leader
Marcum LLP

Vice-Chair of Governance & Nominating
Robert C. Creighton, Esq.
Managing Partner
Farrell Fritz, PC
To be an accredited non-profit is a significant and prestigious distinction that recognizes an organization as meeting the highest standards of service excellence. To secure this status, FSL’s programs, departments, operations, and administrative functions are examined by a team of specialized experts, who analyze the various ways we serve our communities, and conduct the business of helping our neighbors in need. We stand up to evaluation against national best practices—we strive to meet the highest merited criteria. These ratings demonstrate to supporters and clients that FSL delivers on our promised goal of having a positive impact on the lives of our neighbors. Being an accredited non-profit provides evidence that we are mission-driven and prudent stewards of funders’ trust, we are strategic in our planning, and that FSL’s competent staff are clearly motivated to realize great results. Donors and volunteers can feel assured by the knowledge that, as an accredited organization, FSL is worthy of their investment of time and financial support.

The independent, international Council on Accreditation (COA) researches comparative data to codify top program quality measures, while they examine thousands of community providers to identify the most effective, evidence-based practices, review how we serve our communities and conduct business. Altogether, FSL is rated on 2,775 specific elements of 688 standards. Meaning that each standard encompasses a constellation of rigorous performance achievements, and these standards of excellence are gleaned from the topmost human service performance indicators. We are proud to share that FSL has been awarded the COA distinction of Accreditation excellence, continuously, since 2001.

Candid GuideStar research 1.8 million IRS-recognized tax-exempt organizations and thousands of faith-based nonprofits to gather insights on financials, leadership, and mission. It analyzes data derived from validated sources, including 990s and verified direct reporting to provide a comprehensive analysis and insight, which donors can use to make informed decisions. FSL has a Platinum rating with Candid GuideStar.

Since 2001, Charity Navigator, a charity assessment organization, has empowered millions of donors by providing free access to data, tools, and resources to guide philanthropic decision-making. With nearly 200,000 charities rated, this comprehensive rating system shines a light on the cost-effectiveness and overall health of a charity’s programs, including measures of stability, efficiency, and sustainability. The metrics inform donors of not just where their dollars are going but what their dollars are doing. FSL received a score of 93%, earning it a Four Star rating—meaning donors can give with confidence.

FSL values your commitment to our mission and is dedicated to ensuring that programs we create offer the maximum benefit for community members who rely on the critical life-line services your dollars, volunteer efforts, and in-kind gifts help provide. We are honored to be recognized as a leader in delivering human services of the highest caliber.

Family Service League strives to embed diversity, equity, inclusion, and accessibility (DEIA) in all aspects of our work. FSL values diversity and actively cultivates an environment of mutual respect both internally and externally among the people and organizations with whom we partner. We acknowledge that DEIA are a shared responsibility, and we are committed to using these practices. Although each of these four pillars represents a different aspect of our environment, we believe that all four pillars should be embraced for true opportunity to be available for all members of our community.
FSL IS STRENGTHENING OUR COMMUNITY BY WORKING WITH PARTNER ORGANIZATIONS

The **Riverhead Community Awareness Program (CAP)** is a non-profit community-based organization which was founded in 1979 to address growing problems caused by alcohol and other drugs within the Riverhead schools and community. Today, FSL collaborates with them on prevention work and provides Mental Health First Aid (MHFA) to the Riverhead community. MHFA training is designed to help non-professionals identify, understand, support, and refer someone who may be developing a mental health issue, substance use problem, or experiencing a crisis.

The **Suffolk County Division of Community Mental Hygiene’s Children’s Single Point of Access (CSPOA)** coordinates enhanced mental health services for children and youth (ages 5-21), and their families, who are at risk of or have been diagnosed with a serious emotional disturbance. Family Service League has several programs that can be accessed under the CSPOA umbrella including Parent to Parent, Family Connect, Children’s Care Coordination and Children’s Health Home Care Management, Coordinated Children’s Services Initiative, and High-Fidelity Wraparound.

FSL has an automated and streamlined referral process with local emergency departments within Northwell Health and Stony Brook University Hospital. Hospital Emergency Department staff can access a shared calendar with all FSL’s behavioral health clinics, so patients have a confirmed aftercare appointment and their clinical information is shared through a secure, electronic process before they leave the hospital. In addition, the DASH team provides training to primary medical practices across Suffolk County regarding a web-based referral process for individuals in their care. Through this process, DASH staff can provide immediate assessment, triage, and linkage to care via telehealth. This model reduces barriers to finding treatment and counseling for a high number of children and adults in crisis within our community.

In 2019, FSL began a collaborative effort with the **Suffolk County Police Department** to establish a model which helps divert people experiencing a behavioral health crisis from unnecessary engagements with law enforcement. Police have a dedicated phone line to access FSL’s 24-hour crisis stabilization center known as DASH and police can initiate telehealth assessments with licensed clinicians while in the field. This successful program has been replicated with many town and village police departments across the east end of Long Island. This has greatly reduced the number of times law enforcement has had to transport individuals to hospitals and, more importantly, people have immediate access to crisis assessment by behavioral health professionals.

The **Huntington Interfaith Homeless Initiative Program (HIHI)**, created in 2005, is the shared effort of 28 local faith-based congregations and FSL. Together, we work with local congregations and the Huntington Community Development Agency (CDA) to ensure that individuals who are homeless are provided with a safe, warm, place to sleep and meals during the cold winter months. HIHI operates with the intention that all people deserve dignity, respect, compassion, and empathy.
FSL’s DASH crisis stabilization center has established a warm-handoff process with Stony Brook’s Comprehensive Psychiatric Emergency Program (CPEP) and its adult inpatient psychiatric unit. DASH staff meet virtually with individuals who are being discharged from Stony Brook’s programs to provide post-discharge follow up and our mobile crisis teams usually meet the patients within 24-hours of discharge. This coordinated process improves the continuity of care between the hospital and aftercare providers, which in turn leads to better follow up care for patients.

FSL was able to successfully reduce the spread of COVID-19 during the peak of the pandemic by partnering with the Community Development Agencies (CDA) in the Towns of Brookhaven, Babylon, Islip, and Huntington. The CDA funding has been instrumental in reducing the spread of the virus to the very vulnerable, and often already medically compromised, population of children and adults who are coping with the trauma of homelessness. Over the past three years, the CDA partnerships allowed FSL to expand operations and improve services with the purchase of a wide array of PPE materials, equipment, renovations, and ventilation systems. These made a life-saving difference. By working together, we were able to help some of Suffolk County’s most vulnerable children and adults reduce risk of exposure and enter safe housing shelters.

The William Floyd School District (WFSD) and FSL launched the William Floyd Family Center in 2014 to serve students, families, and seniors in the surrounding community. The Family Center is housed on the WFSD Campus in Mastic Beach and helps address a wide array of barriers and struggles to learning faced by children. FSL services include individual and family counseling, social skills groups for students with developmental disabilities, support groups for parents, English as a Second Language (ESL) for adults, parent education, the Community Advocacy, Information and Referral (CAIR) program, and operates an on-site food pantry.

The Suffolk County Crime Victims Center (CVC) provides vital trauma informed support services, information, and multi-agency service referrals for assistance to victims. The assistance is designed to help those traumatized by crimes of violent or sexual assault, property crimes, victims of domestic abuse, gang brutality, hate crimes, and survivors of homicide victims. The CVC provides services to child and adult victims of sexual assault and human trafficking. When someone is a victim of sexual assault, the CVC can be counted on to offer support through their 24-hour rape crisis hotline, medical appointment accompaniment, and support groups for parents, English as a Second Language (ESL) for adults, parent education, the Community Advocacy, Information and Referral (CAIR) program, and operates an on-site food pantry.
Don't miss your chance to participate in this festive evening of food, fun, and philanthropy!

Tickets and sponsorships available.
FSL’s 60+ services and programs are a lifeline for thousands of children and adults. The funding provided by generous community members bridge the gap and make the difference between hardship and hope. The proceeds from events, the annual appeal, memorial gifts, and underwriting opportunities all help to support the programs FSL provides for Long Islanders in need. Find out how you, your company, or organization can get involved by contacting Tricia O’Hare, Dir. of Dev. & Communications at tohare@fsl-li.org or 631-205-8944.

Since 1926, FSL has helped Long Islanders through sorrows, triumphs, and the challenges faced by those lacking the most basic of life’s necessities. As much as things have changed, one thing remains consistent – the need for quality human services is critical for our communities to thrive. Just as you support FSL today, your planned gift to the Legacy Circle will ensure services are available for future generations. You can join us in this effort by including FSL in your estate planning by:

- Giving through your will or living trust
- Naming FSL as a beneficiary of a life insurance policy, retirement plan, mutual fund, or bank account
- Giving stocks, bonds, real estate, currency, or property
- And many other options that suit your needs

With a planned gift to FSL, you can combine your passion for giving with your overall financial and estate planning goals. We encourage you to speak with your financial advisor or attorney for full explanation of the tax benefits of charitable giving and reducing the tax burden on your heirs. We are here to answer questions, schedule a tour, and share more information. Please contact Jonathan Chenkin at jchenkin@fsl-li.org or 631-470-6770.
Family Service League’s Diagnostic, Assessment, and Stabilization Hub (DASH) is a Long Island 24-hour healthcare service that both saves lives and improves quality of life for those in crisis. This unique model of short-term care is a lifeline for Suffolk County residents who are struggling with severe mental health conditions or addictive disorders. Call the DASH hotline 631-952-3333 anytime!

AREAS OF CARE EXPERTISE INCLUDE:
- Addiction Services
- Children’s Services
- Family & Community Support
- Housing & Homeless Services
- Mental Health & Integrated Care
- Senior & Caregiver Services
- Training & Employment
- Trauma & Crisis Counseling
## PROGRAM INCOME BY SOURCE

### PUBLIC CONTRIBUTIONS & FUNDRAISING

<table>
<thead>
<tr>
<th>Source</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Direct Contributions (Individual, corporate, newspaper, appeals to community groups, other)</td>
<td>$758,736</td>
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<tr>
<td>Thrift Shop</td>
<td>$508</td>
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<tr>
<td>United Way of Long Island</td>
<td>$272,779</td>
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<tr>
<td>Institutional Contracts</td>
<td>$1,850,733</td>
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<tr>
<td>Board Fundraising Events</td>
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### INDIRECT PUBLIC SUPPORT

<table>
<thead>
<tr>
<th>Source</th>
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<tbody>
<tr>
<td>Grants</td>
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### GOVERNMENT CONTRACTS

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<tr>
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<tbody>
<tr>
<td>Suffolk County</td>
<td>$21,330,237</td>
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<tr>
<td>New York State</td>
<td>$1,897,232</td>
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<tr>
<td>Town of Huntington</td>
<td>$642,599</td>
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<tr>
<td>United States Department of HUD</td>
<td>$471,628</td>
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<td>Town of Islip</td>
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<td>Town of Southampton</td>
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<td>Town of East Hampton</td>
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<td>Town of Brookhaven</td>
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<td>Town of Southold</td>
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<tr>
<td>Town of Babylon</td>
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### PROGRAM FEES

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<tr>
<td>Program Service Fees and Insurance</td>
<td>$2,365,361</td>
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<tr>
<td>Medicare and Medicaid Payments</td>
<td>$22,197,217</td>
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### OTHER INCOME

<table>
<thead>
<tr>
<th>Source</th>
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<tbody>
<tr>
<td>Rental Income</td>
<td>$51,212</td>
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<tr>
<td>Other Income</td>
<td>$512,283</td>
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**TOTAL PROGRAM SUPPORT REVENUES** $58,758,210

## PROGRAM EXPENDITURES BY FUNCTION

### COMMUNITY SERVICES

<table>
<thead>
<tr>
<th>Service</th>
<th>Amount</th>
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</thead>
<tbody>
<tr>
<td>Youth, Seniors &amp; Intergenerational Services</td>
<td>$2,814,692</td>
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<tr>
<td>Family Services</td>
<td>$4,257,257</td>
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<tr>
<td>Vocational Services</td>
<td>$997,186</td>
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<tr>
<td>Housing &amp; Homeless Services</td>
<td>$13,081,814</td>
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<tr>
<td>Behavioral Health Services</td>
<td>$29,268,671</td>
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### FUNDRAISING & DEVELOPMENT

<table>
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<tr>
<th>Service</th>
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</thead>
<tbody>
<tr>
<td>Development Expenses</td>
<td>$862,617</td>
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### MANAGEMENT & ADMINISTRATION

<table>
<thead>
<tr>
<th>Service</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Management &amp; Administration</td>
<td>$6,900,194</td>
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**TOTAL PROGRAM EXPENSES** $58,182,431

Net Assets January 1, 2022 $19,316,624
Net Assets December 31, 2022 $19,249,140
There are many underserved communities across Long Island and our role as a safety-net human service agency is a critical resource for children, families, and seniors. FSL’s work in the community has given us the insight into the challenges of mental health crises and addiction disorders. Both are issues that know no socio-economic barrier and these epidemics are destroying lives. Our nimbleness and commitment as an agency, combined with the passion and vision of our staff, allow us to achieve remarkable things. While it’s not easy to find new paths, the positive outcomes of innovative programs and care models are leading the way for people to find treatment and begin their journey to a healthier life. You can help by donating today.

www.FSL-LI.org is designed to provide a wealth of information about programs and events in an easy to navigate style. Please take the opportunity to learn more about us and follow us on social media. To share your comments or to sign-up to receive the FSL eNews please email restorehope@fsl-li.org.

Proud of our accomplishments, more proud to serve our community!