



FSL provides services designed for children of all ages – infant through young adult – which include early education, after-school homework help, teen counseling, new parent classes, and much more!



One call leads to a brighter tomorrow!

2023 UPDATE & 2022 ANNUAL REPORT



5th ANNUAL WALK FOR WELLNESS



Saturday, September 9th

Belmont Lake State Park, West Babylon, NY

9:00am Rain or Shine

Walk or Run with options for a 1.5 mile or 5K

Join friends & FSL staff as we walk and run to raise awareness and much needed funds for the 60 vital programs that thousands of children and adults rely on each day.

Text WALK2023 to 71777

Register, create a team, and fundraise!

Learn more about registration, sponsorships
and day-of activities!

631-470-6775

erin.mcfadden@fsl-li.org



Family Service League is a New York nonprofit organization,
recognized as tax exempt under section 501(c)(3) of the United States Internal Revenue Code

MESSAGE FROM OUR PRESIDENT & CHAIR

Dear Friends,

It is our pleasure to present to you our 2022 annual report and 2023 update. We are proud to share our many accomplishments and upcoming plans - all of which serve the FSL mission of empowering individuals, families, and communities to reach their fullest potential.

Despite the challenges posed by the post pandemic world, our dedicated staff continues to provide critical services to those in need throughout Long Island. Our programs and services span a range of areas, including mental health and wellness, housing assistance, child and youth development, senior services, and community engagement.

Our housing programs continue to address the growing number of individuals who are homeless on Long Island. We help families and individuals find safe and stable housing, provide rental assistance, and connect them to resources that can help them maintain their homes and improve their financial stability. Our child and youth development programs continue to support both children and their families. We provide after-school programs, summer camps, and other activities to help children and teenagers build their skills, confidence, and sense of community.

We've deepened our commitment to community engagement by creating and developing partnerships with local organizations and businesses to strengthen the social fabric of our neighborhoods. Through events, outreach, and other initiatives, we are able to help build stronger, more resilient communities which support their most vulnerable members through difficult times.

None of this can be accomplished without the support of people like you - our donors, partners, volunteers, and staff. We are grateful for your trust and partnership, and we look forward to continuing to serve Long Island in the years to come. Together, we are Restoring Hope and Rebuilding Lives. Be well!

Warm regards,



Karen Boorshtein, LCSW
President & CEO



Robert C. Creighton, Esq.
Chair
Farrell Fritz, PC

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*Vice-Chair of Development
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Christine Malafi, Esq.

*Vice-Chair of Governance & Nominating
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South Shore University Hospital Northwell Health*

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Whitney Posillico

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Community Leader

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Community Leader

Beth Zweig, Esq.

Attorney

FSL WELCOMES NEWLY ELECTED BOARD OFFICERS

Family Service League is privileged to have a Board of Directors consisting of well-respected members of the Long Island corporate and civic communities, all of whom are an asset to our organization. We thank our past officers for their service and are proud to welcome the incoming leadership. Their expertise in business combined with their deep sense of integrity provides guidance and insight as FSL expands and prepares for the future. All Board Members are committed to further strengthening the safety net of programs and resources that FSL provides to thousands of Long Island families and children each year.

2023-2024 BOARD OFFICERS



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Partner
Jaspan Schlesinger Narendran, LLP



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Christine Malafi, Esq.
Senior Partner and
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Eastern Region Medical Director
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Manager of Program
Development for
South Shore Heart & Lung
South Shore University Hospital
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James Ashe, CPA, MAFF, CFF
Partner
Advisory Services Leader
Marcum LLP



Vice-Chair of
Governance & Nominating
Robert C. Creighton, Esq.
Managing Partner
Farrell Fritz, PC

ACCREDITATION AND WHY IT MEANS SOMETHING TO ALL OF US

To be an accredited non-profit is a significant and prestigious distinction that recognizes an organization as meeting the highest standards of service excellence. To secure this status, FSL's programs, departments, operations, and administrative functions are examined by a team of specialized experts, who analyze the various ways we serve our communities, and conduct the business of helping our neighbors in need. We stand up to evaluation against national best practices—we strive to meet the highest merited criteria.

These ratings demonstrate to supporters and clients that FSL delivers on our promised goal of having a positive impact on the lives of our neighbors. Being an accredited non-profit provides evidence that we are mission-driven and prudent stewards of funders' trust, we are strategic in our planning, and that FSL's competent staff are clearly motivated to realize great results. Donors and volunteers can feel assured by the knowledge that, as an accredited organization, FSL is worthy of their investment of time and financial support.



The independent, international Council on Accreditation (COA) researches comparative data to codify top program quality measures, while they examine thousands of community providers to identify the most effective, evidence-based practices, review how we serve our communities and conduct business. Altogether, FSL is rated on 2,775 specific elements of 688 standards. Meaning that each standard encompasses a constellation of rigorous performance achievements, and these standards of excellence are gleaned from the topmost human service performance indicators. **We are proud to share that FSL has been awarded the COA distinction of Accreditation excellence, continuously, since 2001.**



Candid GuideStar research 1.8 million IRS-recognized tax-exempt organizations and thousands of faith-based nonprofits to gather insights on financials, leadership, and mission. It analyzes data derived from validated sources, including 990s and verified direct reporting to provide a comprehensive analysis and insight, which donors can use to make informed decisions. **FSL has a Platinum rating with Candid GuideStar.**



Since 2001, Charity Navigator, a charity assessment organization, has empowered millions of donors by providing free access to data, tools, and resources to guide philanthropic decision-making. With nearly 200,000 charities rated, this comprehensive rating system shines a light on the cost-effectiveness and overall health of a charity's programs, including measures of stability, efficiency, and sustainability. The metrics inform donors of not just where their dollars are going but what their dollars are doing. **FSL received a score of 93%, earning it a Four Star rating – meaning donors can give with confidence.**

FSL values your commitment to our mission and is dedicated to ensuring that programs we create offer the maximum benefit for community members who rely on the critical life-line services your dollars, volunteer efforts, and in-kind gifts help provide. We are honored to be recognized as a leader in delivering human services of the highest caliber.

DIVERSITY, EQUITY, INCLUSION, AND ACCESSIBILITY

Family Service League strives to embed diversity, equity, inclusion, and accessibility (DEIA) in all aspects of our work. FSL values diversity and actively cultivates an environment of mutual respect both internally and externally among the people and organizations with whom we partner. We

acknowledge that DEIA are a shared responsibility, and we are committed to using these practices. Although each of these four pillars represents a different aspect of our environment, we believe that all four pillars should be embraced for true opportunity to be available for all members of our community.

FSL IS STRENGTHENING OUR COMMUNITY BY

The **Riverhead Community Awareness Program (CAP)** is a non-profit community-based organization which was founded in 1979 to address growing problems caused by alcohol and other drugs within the Riverhead schools and community. Today, FSL collaborates with them on prevention work and provides Mental Health First Aid (MHFA) to the Riverhead community. MHFA training is designed to help non-professionals identify, understand, support, and refer someone who may be developing a mental health issue, substance use problem, or experiencing a crisis.



FSL's DASH Team

In 2019, FSL began a collaborative effort with the **Suffolk County Police Department** to establish a model which helps divert people experiencing a behavioral health crisis from unnecessary engagements with law enforcement. Police have a dedicated phone line to access FSL's 24-hour crisis stabilization center known as DASH and police can initiate telehealth assessments with licensed clinicians while in the field. This successful program has been replicated with many town and village police departments across the east end of Long Island. This has greatly reduced the number of times law enforcement has had to transport individuals to hospitals and, more importantly, people have immediate access to crisis assessment by behavioral health professionals.

The **Huntington Interfaith Homeless Initiative Program (HIHI)**, created in 2005, is the shared effort of 28 local faith-based congregations and FSL. Together, we work with local congregations and the Huntington Community Development Agency (CDA) to ensure that individuals who are homeless are provided with a safe, warm, place to sleep and meals during the cold winter months. HIHI operates with the intention that all people deserve dignity, respect, compassion, and empathy.

FSL has an automated and streamlined referral process with local emergency departments within **Northwell Health** and **Stony Brook University Hospital**. Hospital Emergency Department staff can access a shared calendar with all FSL's behavioral health clinics, so patients have a confirmed aftercare appointment and their clinical information is shared through a secure, electronic process before they leave the hospital. In addition, the DASH team provides training to primary medical practices across Suffolk County regarding a web-based referral process for individuals in their care. Through this process, DASH staff can provide immediate assessment, triage, and linkage to care via telehealth. This model reduces barriers to finding treatment and counseling for a high number of children and adults in crisis within our community.

The **Suffolk County Division of Community Mental Hygiene's Single Point of Access (CSPOA)** coordinates enhanced mental health services for children and youth (ages 5-21), and their families, who are at risk of or have been diagnosed with a serious emotional disturbance. Family Service League has several programs that can be accessed under the CSPOA umbrella including Parent to Parent, Family Connect, Children's Care Coordination and Children's Health Home Care Management, Coordinated Children's Services Initiative, and High-Fidelity Wraparound.

WORKING WITH PARTNER ORGANIZATIONS

FSL's DASH crisis stabilization center has established a warm-handoff process with **Stony Brook's Comprehensive Psychiatric Emergency Program (CPEP)** and its adult inpatient psychiatric unit. DASH staff meet virtually with individuals who are being discharged from Stony Brook's programs to provide post-discharge follow up and our mobile crisis teams usually meet the patients within 24-hours of discharge. This coordinated process improves the continuity of care between the hospital and aftercare providers, which in turn leads to better follow up care for patients.



FSL's DASH Team

FSL was able to successfully reduce the spread of COVID-19 during the peak of the pandemic by partnering with the **Community Development Agencies (CDA)** in the **Towns of Brookhaven, Babylon, Islip, and Huntington**. The CDA funding has been instrumental in reducing the spread of the virus to the very vulnerable, and often already medically compromised, population of children and adults who are coping with the trauma of homelessness. Over the past three years, the CDA partnerships allowed FSL to expand operations and improve services with the purchase of a wide array of PPE materials, equipment, renovations, and ventilation systems. These made a life-saving difference. By working together, we were able to help some of Suffolk County's most vulnerable children and adults reduce risk of exposure and enter safe housing shelters.



FSL's CAIR Team

The **William Floyd School District (WFSD)** and FSL launched the William Floyd Family Center in 2014 to serve students, families, and seniors in the surrounding community. The Family Center is housed on the WFSD Campus in Mastic Beach and helps address a wide array of barriers and struggles to learning faced by children. FSL services include individual and family counseling, social skills groups for students with developmental disabilities, support groups for parents, English as a Second Language (ESL) for adults, parent education, the Community Advocacy, Information and Referral (CAIR) program, and operates an on-site food pantry.

The **Suffolk County Crime Victims Center (CVC)** provides vital trauma informed support services, information, and multi-agency service referrals for assistance to victims. The assistance is designed to help those traumatized by crimes of violent or sexual assault, property crimes, victims of domestic abuse, gang brutality, hate crimes, and survivors of homicide victims. The CVC provides services to child and adult victims of sexual assault and human trafficking. When someone is a victim of sexual assault, the CVC can be counted on to offer support through their 24-hour rape crisis hotline, medical appointment accompaniment, criminal justice and family court advocacy, assistance in obtaining orders of protection, and free counseling to the victim – all of which may aid in their recovery.

30TH ANNIVERSARY GREAT CHEFS OF LONG ISLAND

Monday, November 13th
Crest Hollow Country Club, Woodbury, NY
5:30pm - 9:00pm



Gourmet tastings from 40+ of Long Island's best restaurants and beverage vendors!

Try your luck with our 50/50 raffle & bid on exclusive auction prizes, including high-end trips, luxury goods, and more!



Support our 60+ programs benefiting 50,000 children, seniors and families in your community each year!

Family Service League is a New York nonprofit organization, recognized as tax exempt under section 501(c)(3) of the US Internal Revenue Code

Don't miss your chance to participate in this festive evening of food, fun, and philanthropy!

Tickets and sponsorships available.



FSL SUPPORTERS ARE MAKING A DIFFERENCE

Go to www.fsl-li.com to see photos from all events.

FSL's 60+ services and programs are a lifeline for thousands of children and adults. The funding provided by generous community members bridge the gap and make the difference between hardship and hope. The proceeds from events, the annual appeal, memorial gifts, and underwriting opportunities all help to support the programs FSL provides for Long Islanders in need. Find out how you, your company, or organization can get involved by contacting Tricia O'Hare, Dir. of Dev. & Communications at tohare@fsl-li.org or 631-205-8944.



CREATE YOUR LEGACY THROUGH A PLANNED GIFT

Since 1926, FSL has helped Long Islanders through sorrows, triumphs, and the challenges faced by those lacking the most basic of life's necessities. As much as things have changed, one thing remains consistent – the need for quality human services is critical for our communities to thrive. Just as you support FSL today, your planned gift to the Legacy Circle will ensure services are available for future generations. You can join us in this effort by including FSL in your estate planning by:

- Giving through your will or living trust
- Naming FSL as a beneficiary of a life insurance policy, retirement plan, mutual fund, or bank account
- Giving stocks, bonds, real estate, currency, or property
- And many other options that suit your needs

With a planned gift to FSL, you can combine your passion for giving with your overall financial and estate planning goals. We encourage you to speak with your financial advisor or attorney for full explanation of the tax benefits of charitable giving and reducing the tax burden on your heirs. We are here to answer questions, schedule a tour, and share more information. Please contact Jonathan Chenkin at jchenkin@fsl-li.org or 631-470-6770.

FAMILY SERVICE LEAGUE REACHES ACROSS LONG ISLAND



Family Service League's Diagnostic, Assessment, and Stabilization Hub (DASH) is a Long Island 24-hour healthcare service that both saves lives and improves quality of life for those in crisis. This unique model of short-term care is a lifeline for Suffolk County residents who are struggling with severe mental health conditions or addictive disorders. Call the DASH hotline 631-952-3333 anytime!



AREAS OF CARE EXPERTISE INCLUDE:

- Addiction Services
- Children's Services
- Family & Community Support
- Housing & Homeless Services
- Mental Health & Integrated Care
- Senior & Caregiver Services
- Training & Employment
- Trauma & Crisis Counseling

EXECUTIVE STAFF

Karen Boorshtein, LCSW
President & CEO

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Vice President of Operations

Lori Anne Brennan, LMSW
Assistant Vice President of Clinical Compliance & Community Behavioral Health

Valerie Chamberlain, LCSW
Assistant Vice President of Housing & Homeless Services

PROGRAM ADMINISTRATORS

Nicole J. Belfiore, MA
Robyn Berger-Gaston, LCSW
Melissa Coscia, LCSW
Patricia Ferrandino, LCSW
Erik Fink, MD
Lisa Jamison, LMSW
Fran Mellow, LCSW-R
Christian Racine, Ph.D

FINANCIAL DATA 2022

PROGRAM INCOME BY SOURCE

PUBLIC CONTRIBUTIONS & FUNDRAISING

Direct Contributions	
(Individual, corporate, newspaper, appeals to community groups, other)	\$ 758,736
Thrift Shop	\$ 508
United Way of Long Island	\$ 272,779
Institutional Contracts	\$ 1,850,733
Board Fundraising Events	\$ 382,703

INDIRECT PUBLIC SUPPORT

Grants	\$ 4,255,154
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GOVERNMENT CONTRACTS

Suffolk County	\$21,330,237
New York State	\$ 1,897,232
Town of Huntington	\$ 642,599
United States Department of HUD	\$ 471,628
Town of Islip	\$ 1,021,388
Town of Southampton	\$ 81,635
Town of East Hampton	\$ 66,616
Town of Brookhaven	\$ 550,351
Town of Southold	\$ 43,000
Town of Babylon	\$ 6,838

PROGRAM FEES

Program Service Fees and Insurance	\$ 2,365,361
Medicare and Medicaid Payments	\$ 22,197,217

OTHER INCOME

Rental Income	\$ 51,212
Other Income	\$ 512,283

TOTAL PROGRAM SUPPORT REVENUES \$58,758,210

PROGRAM EXPENDITURES BY FUNCTION

COMMUNITY SERVICES

Youth, Seniors & Intergenerational Services	\$ 2,814,692
Family Services	\$ 4,257,257
Vocational Services	\$ 997,186
Housing & Homeless Services	\$ 13,081,814
Behavioral Health Services	\$29,268,671

FUNDRAISING & DEVELOPMENT \$ 862,617

MANAGEMENT & ADMINISTRATION \$ 6,900,194

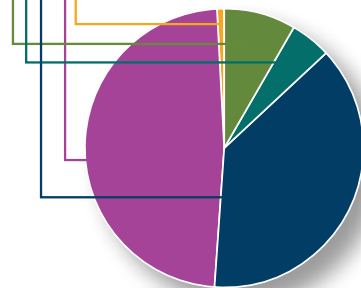
TOTAL PROGRAM EXPENSES \$58,182,431

Net Assets January 1, 2022 \$ 19,316,624

Net Assets December 31, 2022 \$ 19,249,140

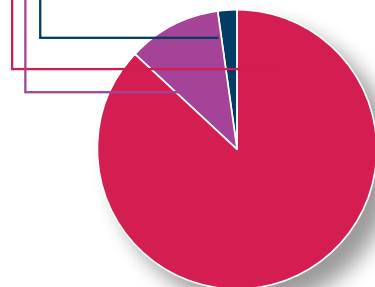
PROGRAM INCOME 2022

Public Support & Fund Raising	3,265,459
Indirect Public Support	4,255,154
Government Contracts	26,111,524
Program Fees	24,562,578
Other Income	563,495
TOTAL	58,758,210



PROGRAM EXPENSES 2022

Program Services	50,419,620
Support Services	6,900,194
Development Expenses	862,617
TOTAL	58,182,431





Olsten Family Center
790 Park Avenue
Huntington, New York 11743

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N.Y.
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Guests and restauranters enjoying Great Chefs of Long Island.

2023 SAVE THE DATES

- Backpack and School Supply Drive
Sponsored by Bethpage Federal Credit Union
June, July & August
- Camp Champions Initiative
Join Anytime!
- 5th Annual Walk for Wellness
Saturday, September 9th
Belmont Lake State Park
- Great Chefs of Long Island
Monday, November 13th
Crest Hollow Country Club
- Project TOY - Holiday Children's Gift Collection
Sponsored by Bethpage Federal Credit Union
November & December

www.fsl-li.org



SCAN HERE TO
DONATE NOW

There are many underserved communities across Long Island and our role as a safety-net human service agency is a critical resource for children, families, and seniors. FSL's work in the community has given us the insight into the challenges of mental health crises and addiction disorders. Both are issues that know no socio-economic barrier and these epidemics are destroying lives. Our nimbleness and commitment as an agency, combined with the passion and vision of our staff, allow us to achieve remarkable things. While it's not easy to find new paths, the positive outcomes of innovative programs and care models are leading the way for people to find treatment and begin their journey to a healthier life. **You can help by donating today.**

www.FSL-LI.org is designed to provide a wealth of information about programs and events in an easy to navigate style. Please take the opportunity to learn more about us and follow us on social media. To share your comments or to sign-up to receive the FSL eNews please email restorehope@fsl-li.org.

Proud of our accomplishments, more proud to serve our community!

