

A message from FSL's President & CEO...

Dear Friends,

January is often viewed as a chance to begin again and look towards the future - this is true for FSL as well. This is our chance to build on all that was accomplished in 2023. It is my pleasure to share we have been overwhelmed by the outpouring of compassion and generosity that was given during this holiday season. We appreciate your support of the programs that thousands of people depend upon as they struggle to begin again and rebuild their lives. I hope you consider this new year an opportunity to get more involved in our mission as a volunteer, special events committee member, or donor. We welcome individuals, business and civic organizations to learn more by contacting us at restorehope@fsl-li.org or 631-470-6770.



In 2024, FSL will continue the critical work of helping those struggling with mental health concerns or addiction as well as the spectrum of other human service challenges which are impacting children, teens, and adults every day. These conditions know no barriers - affecting people of all ages, races, and income levels. With your support, FSL remains the premier provider of care for community residents across Long Island. Our broad gamut of programs include:

- Addiction Prevention & Treatment Services
- Children's Services, Early Intervention, and Education
- Family & Community Support which includes Food Pantries
- Housing & Homeless Services
- Mental Health Counseling & Integrated Care
- Senior Advocacy & Caregiver Services
- Building Employment Skills
- Trauma & Crisis Counseling
- And, our 24-hour DASH Crisis Hotline and Center can be reached at 631-952-3333

[Click here for information about our 60+ programs.](#)

In the coming months, I look forward to sharing information about new initiatives and our three signature special events. The Summer Soirée, Walk for Wellness, and Great Chefs of Long Island give community members and sponsors the opportunity to join us in raising awareness and funds for mental health, addiction, and essential human service programs. Please take a moment to follow us on social media and read our weekly eNews for the latest happenings.

As always, my deepest appreciation to all who give of themselves to support our neighbors in need. Please accept my good wishes for peace, health, and much happiness in the year ahead!

Sincerely,


Karen Boorshtein, LCSW
President & CEO



Restoring Hope. Rebuilding Lives!

