

7TH ANNUAL Walk for Wellness



Join friends & FSL staff as we walk and run to raise awareness and much needed funds for the 60 vital programs that thousands of children and adults rely on each day. Enjoy light refreshments, raffles & giveaways and children's activities!

Commemorative FSL t-shirts and complementary parking are available for those who register. Registration is \$20. Kids come for FREE!

**CLICK
HERE**

Text **FSLWALK25** to **71777** to register, create a team, and fundraise!



SATURDAY, SEPTEMBER 6TH, 2025

**9 AM
RAIN OR SHINE**

**BELMONT LAKE
STATE PARK**

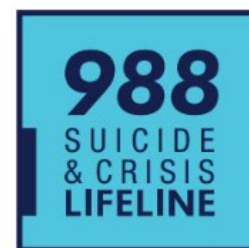
**1.5M OR
5K OPTIONS**

To guarantee your shirt & size, register by August 15th

Contact 631-470-6775 or erin.mcfadden@fsl-li.org to learn more about registration, sponsorships, and day-of activities!

Family Service League is a New York nonprofit organization, recognized as tax exempt under section 501(c)(3) of the United States Internal Revenue Code

Visit the **"Find Help"** page of www.FSL-LI.org for information about services, programs, and the 24-hour crisis care options that are available to Suffolk County's children, teens, and adults.



DONATE AND MAKE A DIFFERENCE TODAY!



FSL provides all aspects of human services, including mental health counseling, addiction prevention & treatment, housing, crisis care, early education, and family & senior services. You can help by making a tax-deductible gift - click the Donate button or text **FSL25** to **91999**.

Make your gift via Venmo! Visit our [Donation Page](#), choose the Paypal/Venmo option, then click the Venmo button.

Our Commitment to Our Donors: We will not sell, share, or trade our donors' names or personal information with any other entity.

If you think the work we do and the programs we provide are an important community resource for Long Islanders, let us know.

We would love to hear from you and hope you follow us on social media:



Thank you!
